

# The BEEHIVE



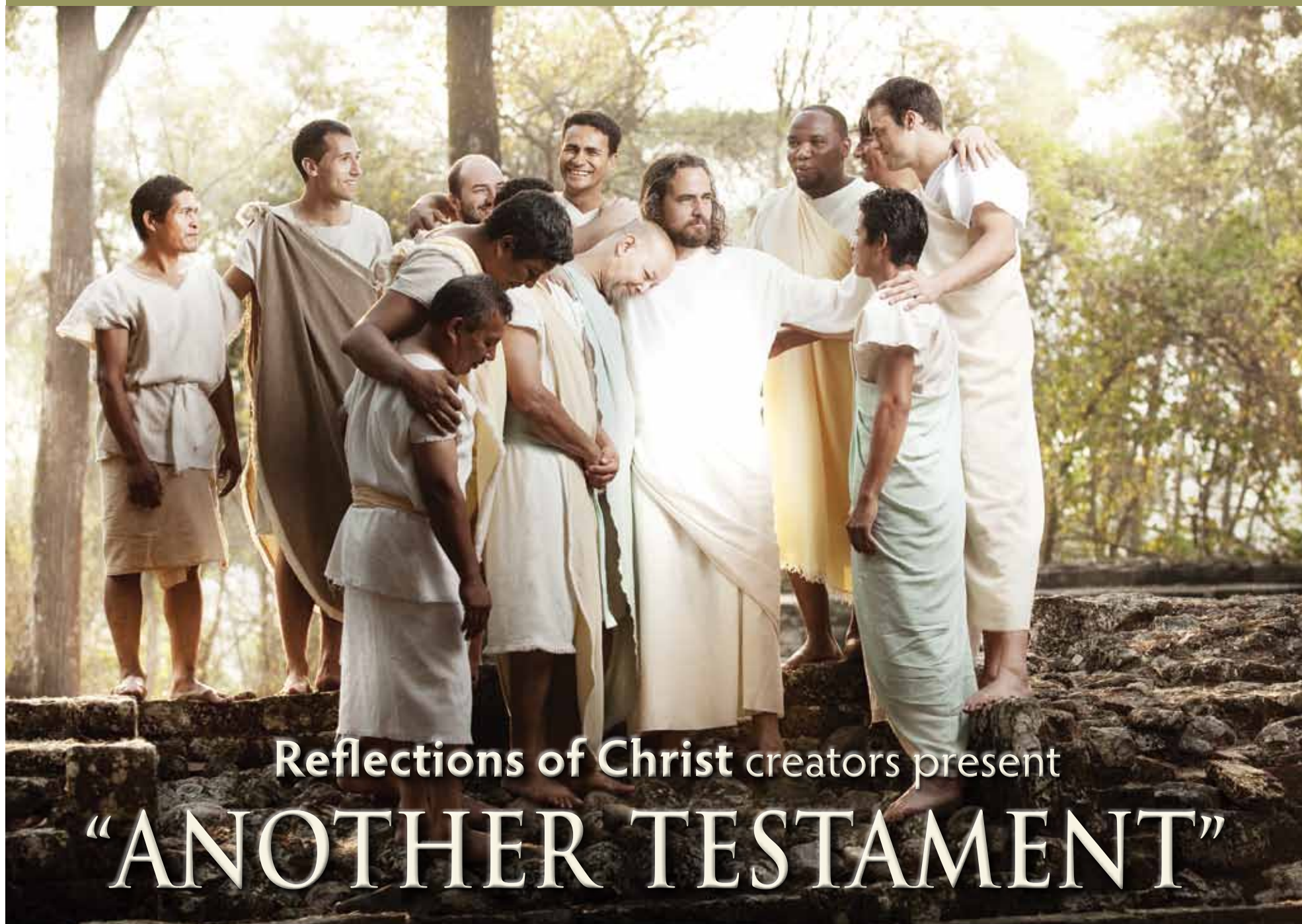
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Reflections of Christ creators present

## “ANOTHER TESTAMENT”

Photo by Mark Mabry

**Talented Arizona artists  
add to the “Reflections  
of Christ” project with  
“Another Testament”**

Robert Allen of Queen Creek depicts the Savior, while Church members in Honduras portray the disciples of Christ on the American continent, in this shot called “Brothers,” one of the scenes of “Another Testament,” a new project by the creators of Reflections of Christ—photographer Mark Mabry, filmmaker Cameron Trejo, location scout Steve Porter and musicians Clyde Bawden and Jason Barney.





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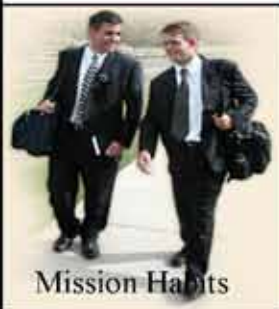
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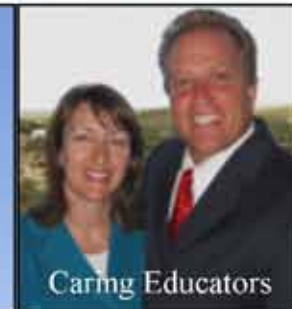
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# COVER Story

*With photography, music, video, and dialogue, a second project by the creators of "Reflections of Christ," testifies—with added intensity—of the reality of the Savior Jesus Christ and of his love for all men.*

By Cecily Markland  
The Beehive

## It's "Another Testament" — A Second Witness

"Another Testament" depicts the powerful story of the Savior's visit to the people of the American continent shortly after His resurrection, as recorded in Third Nephi of the Book of Mormon.

Photographer Mark Mabry, of the Val

Vista Ward, Mesa Mountain View Stake, says, "The idea was kicked around as we were finishing the 'Reflections of Christ' project."

The "Reflections of Christ" exhibit—with its original music, 26 images depicting the life and mission of Christ,

and video documentary showing behind-the-scenes details of the project—opened at the Mesa Temple Visitors' Center in November 2007 and remained there for six months.

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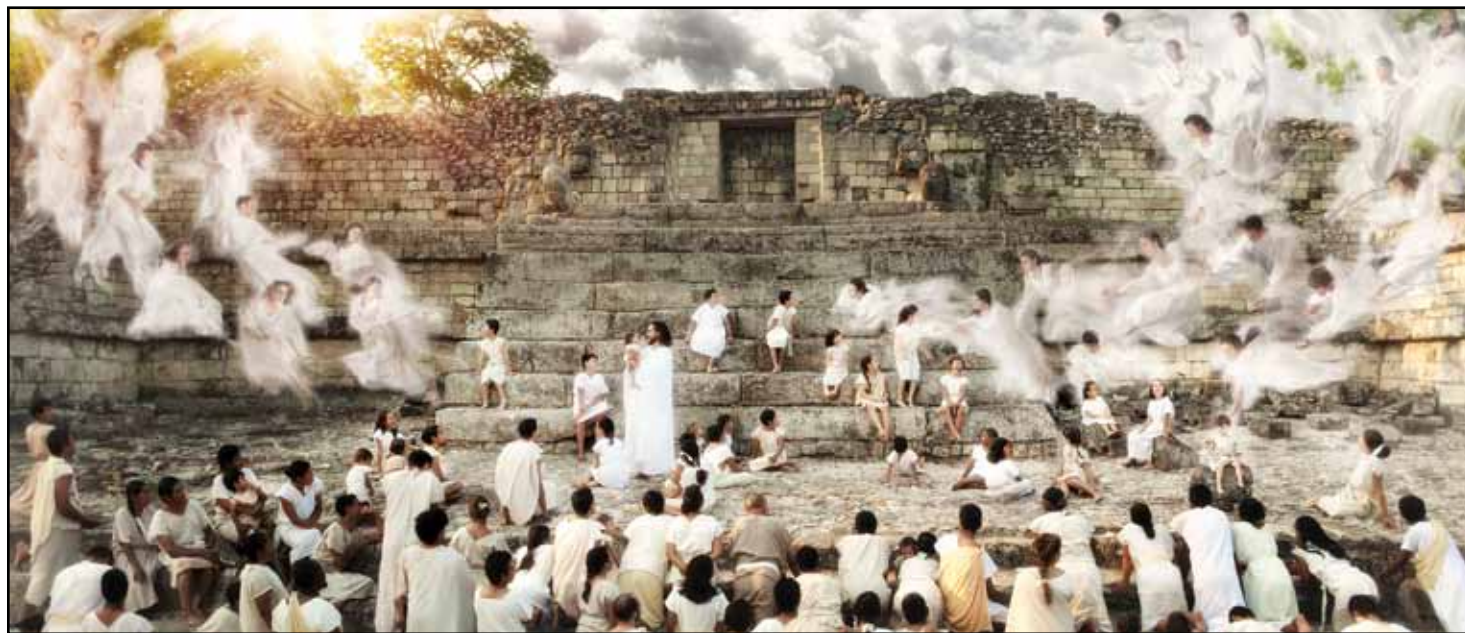


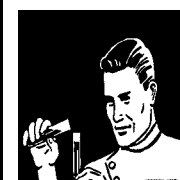
Photo by Mark Mabry

A new project by the creators of *Reflections of Christ* combines photography, film and music to testify of the events described in Third Nephi, including the appearance of the Savior on the American continent and of the people and their children being encircled and ministered to by angels.

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**It's Another Testament**  
Continued from pg. 3

Since then, hundreds of thousands have been touched by the Reflections of Christ project as the exhibit has toured the world and a book of the images, DVD and music CD were published by Deseret Book in October 2008.

The 31-year-old photographer, who is married to Tara and has four children, says the idea of a second project of this kind "really didn't do much for me until after the dust settled with Reflections. Then, it hit really hard. Shortly after that, Steve [Porter] and I were on the road to find locations and I began to think about what it would be like to shoot the story of Third Nephi as a photojournalist, from as true a perspective as possible."

He knew, however, that a project of this kind would require "full commitment. We learned in the first project that it really comes down to the experience. If the Spirit is there and the experience is there, it will carry across in the finished project," Mark says. "The nucleus of our team, everyone—Steve; me; filmmaker, Cameron Trejo; Robert Allen, who portrays Christ for us; and musicians Clyde Bawden and Jason Barney—had to be convinced of what we were doing for it to carry."

Mark says that conviction came, and the result was an outpouring of many special spiritual experiences during the preparation and the photo shoots. The site they selected was in Honduras where 90 cast members and 30 crew members

participated in the three-day shoot.

"It was an employment opportunity for Church members there in Honduras. We actually hired them and paid them for the three-day shoot," Mark says. Yet, he adds, "What they gave back to me was priceless."

Robert Allen, of the Desert Wells Ward, Queen Creek Stake, agrees. As he did in "Reflections of Christ," Robert modeled Christ in the "Another Testament" project.

"It was a stark reminder of Christ's love for His children and His awareness of them all around the world. The Spirit blessed us to have an added witness of these things and that they really took place," Robert says.

He says, "Going out among people I didn't know in a place I'd never been, helped me to visualize even more what it might have been like to watch the Savior appear among these people."

Robert says he has read the Book of Mormon a number of times, but now

has "an even greater witness." He says, "This was a time of great destruction and tremendous fear. But, that turned to joy as they learned from the Savior about the peace He offers; and we can do that in our own day too. During times of fear and concern, we can turn to the Savior for peace and understanding."

Mark adds, "The day that we shot the

Savior. I don't want you to be scared in this. I want you to believe. And imagine."

He says, that day, as he watched the faces in the crowd, "I pictured myself in that crowd and I had to think about what I would do. What would I do physically if I were to worship the Savior?"

Mark says now recognizes that this is the primary message of the entire book of Third Nephi.

"Third Nephi teaches us how to be in the presence of the Lord," Mark says. "It's not just about coming to Church. We have to have the ordinances; we have to come unto Him in the way he has shown us in Third Nephi."

Robert says, for those who may not be familiar with the Book of Mormon, "Another Testament," provides an opportunity for people to be curious and to understand what's there for them. It's not to

convince people, but to open the thought that He loves all his children and provides a way of salvation for all."

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Photo by Mark Mabry

"Another Testament," a new project scheduled to be released in October, includes images by photographer Mark Mabry, depicting scenes from the Book of Mormon, which convey the Savior's love and compassion for all people and invite them to come to Christ.

pictures of the people meeting Christ for the first time was amazing."

As shown in the documentary, Mark directed the cast, saying, "Today you'll each get a chance to imagine meeting the

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**It's Another Testament**  
Continued from pg. 4

A music CD, produced by Jason Barney and Clyde Bawden and the documentary DVD, produced by Arizona filmmaker Cameron Trejo, will accompany the book of images when "Another Testament" is released by Deseret Book in October. On the DVD, three scriptural experts express their belief in Christ and their explanation of what is occurring in the various scenes depicted in Mark's images.

"The entire book of Third Nephi is a story of spiritual maturation," says John W. Welch, professor of law, Brigham Young University.

Dennis R Deaton, author, corporate educator and owner of Quma Learning in Mesa, adds, "The Lord teaches us in many ways. He's been teaching these people through the symbolism of these great

events. I think that they would have such a vivid contrast in mind between spiritual darkness and the light of day."

Camille Fronk Olson, associate professor of ancient scripture, Brigham Young University, says, "As important as it was for those individuals, one by one, to touch the Savior, it was as important, if not more, for them to know the Savior touched them."

Robert says he was reminded of the profound ways in which the Savior did just that, how He touched lives and continues to do so today.

"It is a reminder of the reality of God's involvement in our lives—past, present and future. He really is as involved as we allow Him to be. He's there anyway. We can choose to see Him or not."

Brother Welch says that invitation to know him and partake of His saving ordinances is very much in force today.



Photo by Mark Mabry

Mark Mabry's photograph, above, titled "My Joy is Full" is one of the images included in the new "Another Testament" project that depicts Christ in the Americas, portrayed by model Robert Allen.



Photo by Mark Mabry

A cast of 90 and 30 additional crew members helped with a new project by the creators of Reflections of Christ, which tells the story of the Savior's "Other Sheep" and His visit to the people of the American continent.

"He calls on everyone to be one with Him," he says.

Mark hopes the "Another Testament" project will help many to accept that loving invitation and to have a desire to "worship more passionately. I don't mean in terms of noise we make or style of worship, but that we can have an absolute, all-out love for Him, which, in turn, will affect how we treat other people and

how we love others.

"Reflections of Christ" is available in LDS bookstores and online at [www.deseretbook.com](http://www.deseretbook.com). To see a video trailer of the coming project, including some of the music, visit [www.AnotherTestamentofChrist.com](http://www.AnotherTestamentofChrist.com). There, you also can sign up for the newsletter to receive updates and notification about when "Another Testament" will be on exhibit in Arizona.

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# PHOENIX & GILBERT TEMPLES

By Cecily Markland  
The Beehive

## *progressing through pre-construction phase*

While construction on the Gila Valley Temple moves steadily forward, the other two temples announced for Arizona—one in Phoenix and one in Gilbert—are still in the pre-construction phase, in the process of obtaining various zoning approvals.

The announcement of plans to build the Gila Valley and Gilbert temples came on April 26, 2008, the first such announcement made by President Thomas S. Monson after becoming president of the Church in February. "It is my personal priority to make sure members of the Church have access to the blessings of the temple," he said at that time. "Temples are sanctuaries from the storms of life."

Construction on the Gila Valley Temple, located in Central—between Pima and Thatcher along Highway 70—began after a height-restriction exception to allow for a 100-foot temple was unanimously approved by the Graham County Planning and Zoning Commission and the County Board of Supervisors. The groundbreaking was February 14, 2009, with Elder Neil L. Andersen dedicating the site. On August 19, the *Holiness to*

*the Lord—The House of the Lord* panel was installed above the main entrance and, as of August 20, all the exterior panels had been attached.

Attorney Paul Gilbert, of Beus Gilbert PLLC, who has been retained by the Church to handle all of the zoning and entitlement issues for the Gilbert and Phoenix temples says both are proceeding through various zoning approvals.

Some opposition has surfaced from neighbors and community groups against the Phoenix temple. As part of the process and to answer questions and resolve concerns, two neighborhood meetings have been held at the meetinghouse adjoining the Phoenix Temple site. At those meetings, Church representatives have presented information on the project—including a rendition of the proposed site design.

The Phoenix Temple, announced less than a month after the Gilbert and Gila Valley temples, will be located near West Pinnacle Peak Drive and 51st Avenue, where a meetinghouse already stands. The two-story, 25,800-square foot temple will have a single spire, topped by a statue of the Angel Moroni.

In response to the first rezoning request, submitted on April 29, Deer Valley Village Planner, Kelly P. Walker asked or several wording changes and more detailed explanations. Beus Gilbert PLLC submitted a revised application on July 20. That submittal has been reviewed and, with some minor adjustments, signoff has been obtained. The application is now being considered at a series of meetings, including Planning Commission and City Council meetings, before moving on to the City development review process for the acquisition of construction permits.

In Gilbert, the major challenge during the pre-construction process has been the undergrounding of the adjacent power lines. According to Paul, "The big challenge of burying the power lines has been resolved. It will be very expensive to do so, but the Church is paying for the burial



Photo taken August 13, 2009, courtesy of Dale and Janice Holladay.  
Posted on [www.ldschurchtemples.com](http://www.ldschurchtemples.com)

Of the three new temples announced for Arizona, the Phoenix temple and Gilbert temples are still in the pre-construction phase, while the Gila Valley Temple construction is underway and all of the outside panels had been placed as of August 20.

of all the lines."

In addition, Paul says "[The Gilbert Arizona Temple] is going to be a very unique temple with a special design unique to the area." At the time The Beehive went to press, the design was still being finalized and had not yet been submitted to the town of Gilbert.

Paul encourages local Latter-day Saints to attend town meetings and hearings in Phoenix and Gilbert to show support for the temples. He says people can call his office at 480-429-3000 to find out more about when those meetings are being held.

Also, visit <http://www.ldschurchtemples.com> for updates and information about temples around the world.

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## Arizona native, **Elder Wilford Andersen,** accepts assignment in the Caribbean Area

By Cecily Markland  
The Beehive

**T**hough his native Arizona roots and his love for the Southwest run deep, his profound love for the gospel and his commitment to service have taken him to many places around the world.

As a young man, Wilford W. Andersen left Mesa to serve a mission in the Argentina South Mission. Then, in 2002 through 2005, with his wife Kathleen, he served as mission president of the Mexico Guadalajara Mission.

In April 2007, he was called to the Sixth Quorum of the Seventy to serve in the North America Southwest Area. Then, two years later, in April 2009, he was sustained as a member of the Second Quorum of the Seventy. With that call has now come another assignment that is far from Arizona.

In August, the Andersens reported to the Dominican Republic, where Elder Andersen will serve as the second counselor in the Caribbean Area.

Sister Andersen says she and Elder Andersen look forward to their service in the area that she describes as “beautiful, and very different.”

“We’re living on the 10th floor on a condominium building overlooking the Santo Domingo Temple,” Sister Ander-

sen says. She explains that the youngest of their nine children, two boys ages 17 and 13, who she calls “valiant soldiers,” are with them in Santo Domingo.

Elder Andersen and Kathleen were married in the Provo Utah Temple in 1965. He received a bachelor’s degree in business management and a juris doctor degree from BYU and has been a managing partner of an investment firm since 1969.

Elder Andersen credits his parents with providing a strong example of testimony and service, as well as a legacy of love for people of all faiths.

“My father was able to bear his testimony without giving offense, because he loved people,” Elder Andersen recalled. His father, Darl Andersen, was well known in Arizona for his work with the Arizona Interfaith Council and his promotion of the Golden Rule license plates. When Darl died, a Methodist minister who had known him commented to Elder Andersen, “If all Mormons were like your dad, the whole world would be Mormon.”

His mother, too, had a great love for people and for other cultures.

“They were both temple workers for 25 years together in the Mesa Temple,

and we learned to appreciate the importance of the temple in their lives,” Elder Andersen says.

He has followed in their footsteps and has devoted many years of Church leadership and service of his own, including callings as a temple ordinance worker, stake president, counselor in a stake presidency, stake executive secretary, bishop, bishop’s counselor and high counselor. He has also been a Varsity Scout coach and an Institute teacher.

Like his father, Elder Andersen also has been involved in community affairs and in working to help others to understand the LDS people and faith better. He too was closely associated with interfaith groups. He also served as a local spokesman for the Church on public issues in the Phoenix area.

Elder Andersen recognizes that his background is very different from that of most members of the 26 stakes that make up the Caribbean Area.

“The Church is young in the Caribbean. Most of the members are first-generation converts,” he says. Yet, he says they have strong convictions and commitment to the gospel.

“Because their faith is strong and



Photo by Tom Smart, Deseret News

**Elder Wilford W. Andersen, of the Second Quorum of Seventy, and his wife, Kathleen, of Mesa, are currently in the Dominican Republic, where he is serving as the second counselor in the Caribbean Area Presidency.**

they have the gift of the Holy Ghost, they are building a strong foundation in the gospel.”

Sister Andersen says, as she and her husband serve in the Caribbean, “We’ll take our assignments as they come from the Area President.” She says they are excited to get “out among the people, to serve, lift and teach them” and to be involved “wherever they need us.”

As Elder and Sister Andersen have embarked on this new assignment and are learning to love the people there, their hearts are still very much with family and friends in Arizona. Elder Andersen hopes that those of us here will remember, “Members of the Church in Arizona have the great blessing of being surrounded by wonderful examples of gospel living. Where much is given, much is required. We all need to serve others more and share the blessings of the gospel with those around us.”

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## Safford Stake's YW Camp Encourages Girls to

# Return to Virtue

By Tina Scott  
The Beehive

After a year fraught with opposition as the Safford Stake Young Women's leaders prepared for this summer's YW Camp, "when camp came," says Carol Konopnicki, Stake Young Women's president, "we knew why we had the challenges."

She says the camp, with its theme, *Daughter of a King*, "was like an outpouring of the spirit," and she believes, "Satan did not want any of these girls to be here—he didn't want them to learn any of this. But we did not let him win."

"We focused on having the girls understand who they are," says Stake Camp Director Jodi Peck, "and, as daughters of God, how one would behave."

The girls and leaders were given "Princess Diaries," which they worked on during scripture study time. The booklet, written by Sister Peck, helped the girls understand that a princess knows who they are, looks for the good in others, and is virtuous. The diary contained scriptures to remind the girls of their worth and activities to help them focus on their good qualities and those of others.

As the girls and leaders completed their diaries, they were recognized by stake priesthood leaders and presented with a sash as a symbol that they understand what it takes to be a virtuous princess.

"It was really neat because, by the end of the week, everyone had their gold sashes and they wore them all the time," says Jodi.

The leaders say camp was a spiritual experience, without the problems that often occur.



Photo provided by Nicole Lunt

In keeping the camp theme of *Daughter of a King*, Young Women from the Safford Stake were encouraged to complete a "Princess Diary," and, when they did, like Hope Stoner, shown here, they received a gold sash as a symbol of their accomplishment.

"It actually reminded me of 4<sup>th</sup> Nephi after the Savior came, and there was no contention in the land because of the love of God," says Carol.

On the last full day of camp, the girls participated in a virtue hike. They were divided into groups and listened to other young women talk about repentance and the Atonement, preparing for the

temple, chastity and morality, and being worthy to feel the Holy Ghost. A young man in his late 20s spoke about why it was important for him to find a virtuous young woman to take to the temple.

"That was very powerful for the girls to hear what he was looking for," says Jodi.

As the girls walked to the camp's "Sacred Grove," along the way they saw pictures of camp leaders standing in front of the temple. Once they arrived there, following a musical number, Stake President, Corey Sanders, talked about virtue.

Jodi says, "One thing that really stuck with the girls is, 'You are princesses by birth, but queens by choice.' That was really powerful."

President Sanders also emphasized repentance.

"Sometimes, when you talk to the young women about virtue, if they've done something in their life that has taken them away from that, they begin feeling guilty," says Sister Peck. "We wanted to give them hope and help them know that from this point forward, they can choose to live a virtuous life. Everything in their past can be gone as if it

Continued on pg. 11

SAM THOMASSON  
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# New book extends a "call to responsible citizens everywhere" to

# STAND *for the* FAMILY

By Cecily Markland  
The Beehive

A decade ago, Sharon Slater never pictured herself writing a book about controversial family issues. "I knew then that there were some who didn't hold the same values as I did, but I had no idea there was a massive movement that was literally working to under-

mine what matters most."

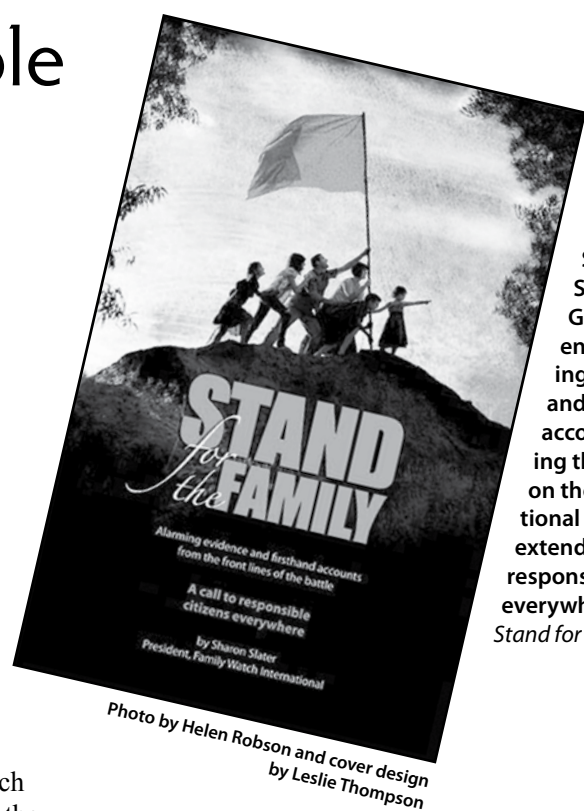
Sharon, who is married to Greg Slater and lives in Gilbert 9<sup>th</sup> Ward, Gilbert Val Vista Stake, has since come to understand—up close and personal—the powerful forces mounted against the family. Sharon, now president of Family Watch International, has worked for the past 10 years as a pro-family advocate at the United Nations and at the national, state and local level to preserve and protect the institution of the family.

Now, in her new book, she shares firsthand accounts, backs them with alarming empirical evidence and, as the title suggests, extends "A call to responsible citizens everywhere" to *Stand for the Family*.

Sharon hopes her book will accomplish three main goals.

"I felt compelled to make people aware of what is happening behind closed doors at the UN and at home to undermine the family," she says.

"I wanted to equip legislators, policymakers, educators and responsible citizens with the knowledge and tools, and, third, I see it as a gathering tool to bring together good people throughout



The recently released book by Sharon Slater of Gilbert presents alarming evidence and firsthand accounts exposing the assault on the traditional family and extends "a call to responsible citizens everywhere" to *Stand for the Family*.



Photo by Julie Ann Slater

Sharon Slater, president of Family Watch International, presents a copy of her recently released book *Stand for the Family* to a king from Ghana at the World Congress of Families in Amsterdam in August.

the world to stand for the family."

Thanks to a short run that came off the press just hours before she left, Sharon was able to take some copies to the World Congress of Families in Amsterdam in August.

"I was pleasantly surprised by the overwhelmingly positive response to the book. People flocked to our booth and many stated that the book was sorely needed," she says.

She presented a copy to a King from Ghana and he requested a second book to give to the President of the International Criminal Court, who he was meeting with a few days later. Another person purchased five copies for the Canadian Parliament. A university professor picked up a copy in Amsterdam and has since contacted Sharon with a request to order copies to use in his university courses.

She says the feedback has been equally as positive among "ordinary" citizens.

"You may think the book would only appeal to government leaders or policymakers, but, we have seen quite the opposite," Sharon says.

*Continued on pg. 12*

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# Olive and Walter Evans continue their many years of caring service

By Cecily Markland  
The Beehive

In February 2003, when Joseph Walter Evans was 86, The Beehive printed an article about the work he and his wife, Olive, were doing to make wooden toys and donate them to the humanitarian center.

Now, at 93, Walter and Olive, of the Lyn Rae Ward, Mesa Kimball Stake, are still at it—still working, serving and cranking out toys that they donate for children in need.

The couple first started double dating, walking to the movie at the Nile Theater in downtown Mesa, in the early 1930s. They were married in 1937. They had seven children and now have 44 grandchildren and about 100 great-grandchildren.

Walter's first job was at the Phelps Dodge mine in Bisbee, working about 1700 feet down, mucking ore for 27 cents an hour. The couple moved back to Mesa and Walter worked at Williams Field as a welder during World War II. Later, he and his sons bought 26 acres south of Guadalupe Street and began their company, Evans Steel. At one time, they hired about 100 people and fabricated steel for buildings all over the Valley. His sons eventually took over the business.

As a couple, the Evanses served a mission in Nauvoo, Illinois, starting in 1978. Olive has been Primary, Relief Society and Young Women's president. She also spent 10 years going back and forth to the Gompers Clinic in Phoenix, as their youngest son was born profoundly deaf. When he was 12, he transferred to a school in Tucson to learn sign language. That son has since completed an LDS mission and is currently serving as a bishop near Provo, Utah. Olive says the time she spent taking him back and forth to Phoenix each day was well worth it.

Walter has been in two Bishoprics, a High Priest group leader, and always a choir member. An accident he was

in about 15 years ago has caused some progressive weakness in his legs, so he now gets around with a walker most of the time.

After retiring, Walter made kitchen tables, cedar chests and various things for family members. One day, when Olive brought home a little wooden train, he decided he could make those as well. Since then, he has made countless trains, trucks and toys for children, donating them to the Church humanitarian services. Walter says he guesses he has made more than 4,000 toys over the years.

When interviewed six years ago, he said, "I've enjoyed it. I'm not much of a TV watcher and this gives me something to do."

Now, Walter, at 93, and Olive, at 89,

are still active, with Walter spending a good share of his time in the shop, some 30 yards from their home, making toys for children with wood that is donated to him by various friends, who collect small pieces at construction sites. Walter is very particular what the material he uses. For the truck wheels, he dislikes using soft pinewood, so he is always looking for hard wood, such as old flooring, to use for the wheels.

"I'm so happy that he can do this," says Sister Evans. "It's wonderful. He spends so much time out there that I have to go out and tell him it's time to eat."



Photo courtesy of Joseph Walter Evans

Olive and Walter Evans, of the Lyn Rae Ward, Mesa Kimball Stake, married more than 70 years, have had a lifetime of devoted service, including the hundreds of hours Walter has put into making wooden toys to donate to the Church's humanitarian center

"It's fun," Brother Evans says. "It's not work."

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### Safford girls camp continued from pg 9

never happened, if they will rely on the Savior and follow the correct pattern of repentance."

As a culminating activity, they walked to "Virtue Peak," where President Sanders offered a prayer, dedicating it as a place for the Young Women to return to virtue. Sister Konopnicki led the Young Women's Theme and talked about commitments. Then each girl planted a flag into the ground to demonstrate their commitment to return to virtue.

"It was a really special experience, because we got to feel the spirit really strongly," says Melissa Emery, a Beehive from Safford Fifth Ward. "Now every time I say the theme, I think of that moment, and it makes me feel really special and powerful."



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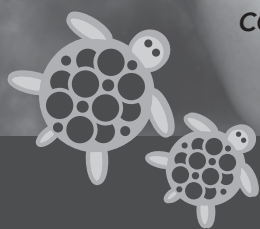
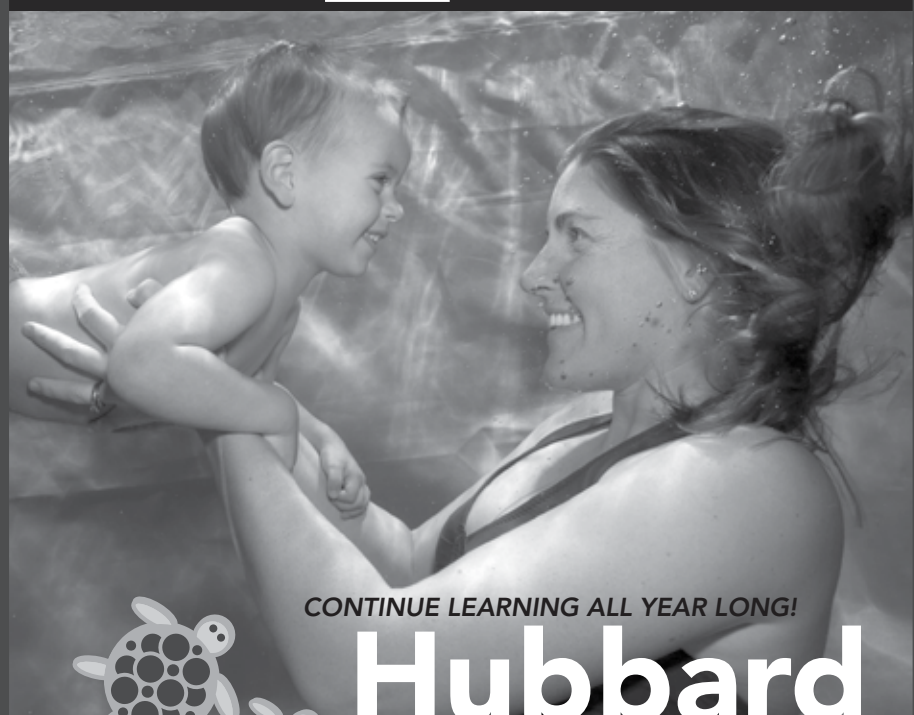
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## "Building Zion" Celebration to Commemorate Mesa Pueblo Stake's 25th Anniversary

By Cecily Markland  
The Beehive

All members and former members of the Mesa Pueblo Stake are invited to the Silver Anniversary Celebration of the stake's founding, scheduled for Saturday, October 10 at the Mesa Pueblo Stake Building, 2334 E. Pueblo Avenue, in Mesa. The celebration will begin with a barbeque dinner that will be served from 5:30 to 7 p.m.

Each organization will have displays and pictures showing the events and various programs throughout the 25-year history. During the evening of the event, there will be time for reminiscing, getting reacquainted and making new friendships. A short program of music and presentations will take place at 8 p.m. in the cultural hall.

The event organizers are trying to

locate those men and young men who earned their Eagle Scout rank while in the Pueblo Stake. In conjunction with the celebration, they will have mini ward/Scouting/troop reunions for all youth and adults who have been a part of the Pueblo Stake Scouting program. For information about this portion of the celebration, contact Kevin Hunt at [kevin@Scoutingtrails.com](mailto:kevin@Scoutingtrails.com).

All past and current members of the stake are encouraged to spread the word and to "come and enjoy a walk through time as we continue to Build Zion and celebrate the 25 years of the Mesa Pueblo Stake."

For information, contact Wayne and Dodi Richardson at 480-964-1625 or by e-mail at [waynehr@gmail.com](mailto:waynehr@gmail.com).

## Family Strategies & Coaching Offers Fall Seminars and Workshops

Family Strategies & Coaching, in Mesa, offers various behavioral and mental health workshops as well as courses that are designed to strengthen relationships and improve family dynamics.

Many of the courses are free.

In October, free courses include, "Parenting in a World of Pornography" by Dan Oakes, LPC; "Overcoming Shame" by Marilyn Tenney, LPC; "The Father-Daughter Alliance" by Cami Covey-Doucet, LAC; "Helping Loved Ones Through Addiction" by Garron Griffiths, LAC and LifeSTAR Orientation by Floyd Godfrey, LPC.

Free offerings in November include, "Understanding Substance Abuse" by Kim Buck, LAC; "Understanding Unwanted Same-Sex Attraction" by John Hinson, LPC; "Girl Power" by Julie Blair, LCSW, and Cami Covey-Doucet, LAC and "Roadmap to Decreased Anxiety" by Michael Medley, LAC.

Family Strategies & Coaching is located at 2152 S. Vineyard, Bldg. 5B, in Mesa. To ask questions or to have a complete list fall classes e-mailed to you, call the Family Strategies & Coaching office at 480-668-8301.

### New Book Extends Call to Stand Continued from pg. 10

One young woman who picked up a book in Amsterdam said she was captivated and stayed up much of the night reading. One couple who read the manuscript before it went to print "used the marriage chapter in family home evening to help their teenagers overcome misconceptions about homosexuality and same-sex marriage and to help them understand that it is not hateful to protect marriage," Sharon says.

Sharon adds, "The book is not a profit-making venture for me. All of the proceeds will go to benefit FamilyWatch International and the work to defend the family."

Sharon says, "We feel the message is so important that we want everyone to have a copy. The book discusses topics of grave concern to the family and provides tools for addressing each of those topics."

Books may be purchased at [www.standforthefamily.org](http://www.standforthefamily.org). That site also explains how individuals may obtain

a free copy of *Stand for the Family* by gathering signatures for the "I Stand for the Family" petition.

"We encourage everyone who can to go online [www.familywatchinternational.com](http://www.familywatchinternational.com) and sign the 'I Stand for the Family' petition, then to print out copies or send the link and encourage others to sign it, too" says Sharon. "The more people who sign it, the stronger our voice becomes when we fight for the family at the international, national, state and local levels."

To date, individuals in 112 countries have signed the petition, and Family Watch International is hoping to gather many more. They need volunteers, including petition coordinators and a bookkeeper. For information, call 480-507-2664.

Family Watch will hold a Stand for the Family Rally at the Slaters' home at 926 E. Juanita Avenue in Gilbert on November 6 from 7 to 9 p.m. Books will be available for purchase and special guests will be on hand to share information about how individuals can *Stand for the Family*.

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# Award-winning attorney and founder of the *Never Again Foundation* builds **New Program for Prospective Missionaries**

By Cecily Markland  
The Beehive



Photo courtesy of The Never Again Foundation

**Keith Perkins, recently named Alumni of the Year by BYU's J. Rueben Clark Law Society, hopes his new venture, the High Bar Ranch, will "raise the bar" and help prepare prospective missionaries to serve honorable missions.**

he says. There, in structured, 10-week programs, young men earn college credit from BYU, learn life skills and sharpen missionary habits—"all within a special

environment of a live, working ranch."

"They keep a missionary-type schedule, learn to work and learn to be happy in an environment that is not infused with distracting amusements," he says, stressing that it "is not a 'boy's ranch' for wayward or problem youth. Rather, it is special place...where the bar has been raised to help good young men to become great missionaries."

"And, we have a lot of fun, too," says director Greg Dunford. He and his wife Julie personally work with the young men and oversee the program's daily operations. Brother Dunford has 20 years of experience teaching youth in the Church Education system and a master's degree in counseling.

"They are absolutely the perfect couple to be running this program. The youth love them and respond so well to them," Brother Perkins says.

While the program includes hard work, they also play hard, with high adventure activities like snowboarding, salmon fishing in Alaska, summer water sports or archery hunting.

The young men are instructed in specially selected BYU online college courses and "personal testimonies are strengthened by being immersed in the scriptures," Brother Perkins says. "They learn a self-sufficient lifestyle and principles of provident living. And service opportunities abound."

The Ranch is set up as a non-profit. "So we can offer the program at a fraction of the cost it would otherwise be."

"It really is the best of all opportunities."

To learn more, including how to make a donation or sponsor a young man, visit [www.highbarranch.org](http://www.highbarranch.org) or call 480-636-6353.

**K**eith Perkins, attorney and founder of the Never Again Foundation, has spent the last decade in ground-breaking efforts to help abused women and families of murdered victims.

His nonprofit foundation is the first, and still the only, of its kind in the nation. They provide help to abuse victims, filing pro bono civil suits against criminal perpetrators. They have won the largest judgments in Arizona history, totaling, to date, more than \$220 million—which is given back to the victims to help them rebuild their lives.

The foundation has been recognized with the Foundation of Justice award from the Arizona Bar Foundation, the Distinguished Service Award from Arizona's Attorney General; and, most recently, Keith was named Alumni of the Year by BYU's J. Rueben Clark Law Society.

"We've learned some powerful lessons about creating solutions to social problems. Now, we want to use that success and experience in what we see as a solution to a different kind of problem," he says. "In the Church," Brother Perkins continues, "between high school and missions we lose a number of our young men. The adversary is obviously focused on them, trying to throw them off course before they leave for a mission."

He says the Church provides wonderful opportunities to serve, but that as parents and members we can be more "anxiously engaged" in helping our young men to be better prepared to serve honorable missions.

He says, for his own five sons and other young men, "I want them to be vested in going on a mission, to work for that."

To that end, he has created the High Bar Ranch and serves as its Executive Director. Located in the White Mountains of Northern Arizona, the High Bar Ranch "combines the best of all opportunities,"



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# Cooking with The Beehive

## Favorite Recipes



### Tricks & Treats

This issue's recipes are courtesy of Julie Badger Jensen from her book "The Essential Mormon Cookbook" (Deseret Book). Create any of the following recipes for the perfect Halloween season with family and friends.

**H**alloween is a time for lit jack-o-lanterns, black cats and bats, spiders and spooks, and bright orange pumpkin patches – a time for hot cider and hayrides, steaming stews, pumpkin bread, and caramel corn. Get in the spirit of the fun. Make Halloween memorable. Create a bewitching Halloween full of tricks and treats. The following ideas and recipes may get you thinking:

- Carve and clean out a pumpkin of a desired size. Place on a baking sheet in a 325 degree oven. Warm pumpkin for approximately 30 minutes. Remove from oven and pour in a prepared soup, stew, or sloppy Joe mixture, using the pumpkin as a serving container. Or try using a hollowed-out pumpkin for a centerpiece featuring autumn leaves and flowers.

- Cut off the tops of oranges. Hollow out, leaving peel intact. Cut a jack-o-lantern face in shell, if desired. Fill with orange sherbet. Serve immediately or freeze for later use.

- Fill rubber gloves with water. Secure top with tight twist tie or elastic band. Freeze. Remove glove. Float ice hands in Halloween Punch.

### PUMPKIN BREAD

This is a fun treat to share with neighbors.

½ cup butter  
 1 cup sugar  
 2 eggs  
 ¾ cup canned pumpkin  
 1 ¾ cup flour  
 1 teaspoon baking soda  
 1 teaspoon cinnamon  
 ½ teaspoon salt  
 ½ teaspoon nutmeg  
 ¼ teaspoon ginger  
 ¼ teaspoon ground cloves  
 ¾ cup chocolate chips

¾ cup chopped pecans (optional)

Cream butter, sugar, and eggs. Add pumpkin and mix; set aside. In another bowl sift dry ingredients. Gradually add dry ingredients to creamy mixture. Beat until blended. Add chocolate chips and pecans, if desired. Grease one loaf pan or four mini loaves. Pour batter into pans. For one loaf, bake at 350 degrees for about 1 hour or until inserted toothpick comes out clean. For mini loaves, bake at 350 degrees for about 35 to 40 minutes. Makes one loaf or four mini loaves.

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## BLACK WIDOW BREAD WITH SPIDER EGGS

**This makes a sensational buffet centerpiece. Make your own sandwiches with trays of cold cuts & cheese.**

4 (1-lb) loaves frozen whole-wheat or white bread dough, thawed  
1 large egg, beaten  
3 tablespoons black poppy seeds  
2 tablespoons sesame seeds

**The head:** Divide 1 loaf in half. Knead half on a floured board to make a smooth ball. Set aside while forming body and legs.

**The body:** Knead remaining half-loaf with 1 whole loaf into a smooth ball. Center body and head on a greased baking sheet. Gently flatten head to make it 3 inches wide. Flatten body to make it 5 inches wide. Body and head should touch.

**The legs:** On a floured board, divide 1 loaf into 8 equal pieces. Roll each portion into an 8-inch log. Place ends of logs under head and body about 2 inches apart (two on each side of head and two on each side of body). Curve them to resemble spider legs. Make sure dough stays at least 2 inches from pan edge.

**Spider eggs:** Divide remaining loaf into 8 equal pieces. Shape each portion into a smooth ball; place slightly apart on a separate greased baking sheet.

Let dough rise in a warm place until puffy, 20 to 30 minutes. Brush dough with beaten egg; sprinkle spider with black poppy seeds, spider eggs with sesame seeds. Bake in a 350 degree oven until bread is a rich gold color beneath seeds and a toothpick inserted in thickest part comes out clean (20 to 25 minutes for spider eggs, and 40 to 45 minutes for spider). Serve warm or cool on racks. If not serving immediately, wrap well. Can be made ahead and frozen. Serves 10 to 12.

## HEARTY SIX- HOUR STEW

**This is a no-fuss stew that simmers all day in the oven or slow cooker.**

1 pound beef stew cubes  
4 carrots, sliced  
4 medium potatoes, cut in large chunks  
1 bay leaf  
1 (1-ounce) package dry onion soup mix  
2 (10 ¾-ounce) cans of cream of mushroom soup  
1 (8-ounce) can tomato sauce  
1 (10-ounce) package frozen green peas

Grease Dutch oven or heavy pan. Place beef cubes on the bottom. Layer carrots, then potatoes, placing bay leaf on top. In a separate bowl mix remaining ingredients and pour over beef and vegetables. Cover with a tight-fitting lid. Bake at 250 degrees for 6 hours (or up to 8 hours). You can also bake this in your slow-cooker on low for up to 12 hours. Serve in a hollowed-out pumpkin shell for a holiday touch. Serves 4 to 6 hungry goblins.

## PEANUT BUTTER BARS

**This is a treat kids will love to make, serve and eat.**

12 whole graham crackers, crushed  
1 cup margarine or butter, softened  
1 cup peanut butter  
3 ½ cups powdered sugar  
1 (12-ounce) package chocolate chips

Combine graham cracker crumbs, margarine or butter, peanut butter, and powdered sugar in a large bowl. Pat firmly into a greased 9x13-inch pan. Melt chocolate chips in the microwave for 20-second intervals until smooth when stirred. Frost mixture with melted chocolate. Refrigerate. When chilled, cut into small squares.

## CARAMEL CORN

**You'll love this delicious and festive treat!**

1 cup corn syrup  
2 ½ cups packed brown sugar  
1 teaspoon salt  
½ cup butter  
1 (14-ounce) can sweetened condensed milk  
1 tablespoon vanilla  
2 gallons popped corn

In a large saucepan bring corn syrup, brown sugar, and salt to a boil. Add butter and return to boil. Add sweetened condensed milk, stirring constantly until it reaches soft ball stage (228 degrees). Remove from burner. Stir in vanilla. Let cool slightly. Divide popcorn into two parts and lay on two greased cookie sheets. Pour equal amounts of caramel over each. Stir gently until coated. Can be formed into popcorn balls if desired. Allow to set for about 2 hours.

## Share Your Recipes

**The Beehive wants to publish family recipes from our readers so if you would like to submit a recipe for the "Cooking with The Beehive" section, please e-mail your recipe(s) to: [info@arizonabeehive.com](mailto:info@arizonabeehive.com).**

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# Youth “STEP” up to do family history during the summer

By Jill Adair  
The Beehive

Youth in the Val Vista Ward, Mesa Mountain View Stake, did more than just hang out with friends during the summer. Instead, they participated in what ward leaders called the “STEP” program—Students Trying Elijah’s Promise.

Bishop Charles Doane says, in the past, the ward’s youth have been challenged to read the Book of Mormon during the summer, but this year they decided to focus on family history work.

“This has been an incredible, life-changing experience for the youth in my ward,” he says.

Even before summer started, the young men and young women had become familiar with the Church’s Web site, [new.familysearch.org](http://new.familysearch.org). During Sunday School time, ward family history consultants helped each youth get a sign-in name and password.

Then, during a combined youth meeting on May 31, Bishop Doane challenged the youth to research their ancestors and find those who needed temple work. The

original goal was 10 names per youth or a total of 600 names by August 4—the date they set to do baptisms at the temple for the names they found.

The youth worked on the project at mutual and on their own at home.

On July 4, the ward held an all-day Especially For Youth program. The event focused on family history and temple work and featured workshops, games, food and research time on the computer.

“It was one of the most amazing events I have ever been a part of,” said Bishop Doane. “In one day the kids found over 500 family names for ordinance work, bringing our summer total up to over 800 names.”

“I could not believe how excited the kids were and what they felt as they found names in their own families that needed temple work,” he says. “They really caught the vision that day.”

That evening, they held a fireside, titled “Do You Have My Name?”

“It touched the hearts of everyone there as adults in the ward acted out parts



Photo courtesy of Charles Doane

Val Vista Ward family history leader, Mike Mangum, helps the youth in his ward find family names on the Web site, [new.familysearch.org](http://new.familysearch.org) as part of their “Students Trying Elijah’s Promise” summer activity.

of people and families who had died and were in the spirit world waiting for their work to be done,” he says.

The youth continued, and by the time they went to the temple in August they had nearly 1,200 names ready.

“It was really special being baptized for my ancestors,” says Haylee Hoffman. “When I was waiting my turn to be baptized for my grandmothers I really felt the spirit. The whole STEP program strengthened my testimony so, so much. I’m grateful that we were given the opportunity to do this over the summer.”

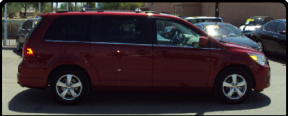
“I really didn’t know a lot about family history and why we did it, says Bryce Waite. “STEP was an amazing experience for me and I learned so much from it. Every time I found a new name I was so excited for them. I now know why we do baptisms for the dead.”

“There is no doubt that our youth have caught the spirit of Elijah and their hearts have been turned to their fathers,” says Bishop Doane. “They know what the gospel plan is all about; these are not just names on a piece of paper, they are family.”

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# Mesa Arizona Easter Pageant 2010 tryouts announced

By Cecily Markland  
The Beehive

The Mesa Arizona Easter Pageant, "Jesus the Christ" features a cast of nearly 450 people and 400 other volunteers who work behind the scenes to bring this spectacular event to the public each year. Those interested in applying to be a member of this year's cast must begin the process by logging on to [www.easterpageant.org](http://www.easterpageant.org) and completing the online application between October 1

and October 31.

Tryouts (auditions) will be held Friday, Nov. 6, from 6 to 9 p.m. (come and go) OR Saturday, Nov. 7, from 9 a.m. to noon. Details and information about the location for the auditions are included on the online application.

Only those who have applied online will be admitted to auditions. (No applications will be accepted at auditions.) In

order to be cast, individuals must participate in the auditions.

Cast members are required to be in attendance at practices and performances every night and on Saturdays from March 6 to April 3, excluding Sundays and Mondays. (Performances are March 23 to 27 and March 30 to April 3, 2010.) Cast members are required to attend every rehearsal. (Please note that rehearsals take

place every night during Spring Break, except for Sundays and Mondays.)

Families with very young children are encouraged to apply when their children are older, as nights can be cold, late, and often wet.

Questions: Call casting coordinator, Kristen Cowley, 480-203-3299. Si necesita ayuda, llame a Laura Flores, 480-969-3575.

## BYU's Dean of Religious Education to Present Two Lectures about Isaiah in November

By Cecily Markland  
The Beehive

In Arizona this November, Terry B. Ball, Dean of Religious Education and professor of Ancient Scripture at BYU, will present two lectures about Isaiah.

"Isaiah and the Messiah" at 7 p.m. on Friday, November 13, at the Paradise Valley Stake Center, 3601 E. Shea, Phoenix (Highway 51 and Shea). A second lecture, "Isaiah's Message for Latter-day Saints," will be at 7 p.m., Saturday, November 14, at the Queen Creek Stake Center, 19732 E. Ocotillo Road in Queen Creek.

Prior to teaching at BYU, Professor Ball spent 12 years as a Seminary and Institute teacher. From BYU, he received a bachelor's degree in Botany and Education, a master's in Ancient Near Eastern Studies, and a doctorate in Archaeobotany with emphasis in the Ancient Near East.

Professor Ball has taught and traveled extensively in the Holy Land, including teaching at the BYU Jerusalem Center for Near Eastern Studies. For the past 10 years, he has researched, lectured and written extensively about the prophet Isaiah. In addition to researching in ancient scripture, Brother Ball is an active researcher in the field of Archaeobotany. He is married to the former DeAnna Hill and they have six children.

The lectures, which are sponsored by "Friends of Religious Education," a BYU support group, are free and open to Church members, members of other denominations, missionaries and investigators. Institute and seminary teachers and students are especially encouraged to attend.

For more information, call Wayne Lewis, President of the Arizona Chapter of Friends of Religious Education, at 480-354-8105.



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# Lanee's Legacy

## BEREAVEMENT BOXES

*help families deal with the loss of an infant*

By Cecily Markland  
The Beehive

One family has turned their own loss into an outpouring of support and comfort for others—and they're hoping to raise money to do even more.

Five years ago, Becky and Tommy Norris, of the Vineyard Ward, Queen Creek North Stake, learned that Becky was pregnant with their second child, but that the little girl she was carrying had a condition called Dandy-Walker Cyst and would likely pass away during pregnancy. Though Becky was able to carry her to 28 weeks, on January 28, 2004, the Norris's daughter was delivered. DeLanee only lived three hours.

"As you might imagine, the day I left the hospital and I went one way and DeLanee went another was indescribably hard," Becky says. "Every mom plans on leaving the hospital with their baby. My arms were empty—except for a box."

The nurses had found a leftover Christmas box and placed DeLanee's belongings in it.

"I clung to that box as they wheeled me out of the hospital and, for the next several weeks, that box remained near to me where I would open it and go through

the reminders and memories of what I had left of my little girl."

That box became the inspiration for a project now known as Lanee's Legacy. On the first anniversary of DeLanee's birth, Becky created 20 hand-decorated storage boxes to donate back to the hospital. She intended to do the same each subsequent year, but the response from the hospital and from the bereaved families, encouraged Becky to increase her efforts. To date, Lanee's Legacy has donated more than 400 memory boxes to Banner Desert Medical Center.

"The specialness of the boxes is not only about the daughter they honor, but the love that fills them," says Suzanne Helzer, Banner Desert's Bereavement Services Coordinator. "Becky has ensured that each box is filled with items that truly will support a parent's grief journey. A disposable camera, journal, albums, tissue, CD with a collection of beautiful music and, most important, an exquisite necklace with the imprint of baby feet are some of the items that are placed in the memory boxes."

"Unfortunately," Becky says, "[Lanee's Legacy] cannot continue to meet the grow-

ing need for the boxes. It is not only financially difficult, but being able to manage the necessary resources and manpower to continue to make these boxes is tremendous. Considering that there are 15 to 17 infant deaths per month at just this hospital alone, many families are left without. Each delivery that we make to Banner Desert consists of 40 boxes (20 boy/20 girl). The estimated cost of each box is approximately \$20, totaling \$800 per delivery."

The Norrises and others who have helped with the Lanee's Legacy project, have taken steps to create a non-profit organization so individuals and businesses can make tax-deductible donations. They also have planned a memorial and fund-raising event—their first annual pancake breakfast on October 10, from 8 to 10 a.m. at Desert Mountain Park (Hawes and Ocotillo) in Queen Creek. Tickets for the breakfast are only \$5, or six for \$25.

The event will include activities to show support for families who have lost

infant children, as well as a raffle and silent auction of themed baskets. Raffle tickets are \$1, or six for \$5. Individuals need not be present to win raffled items, including prizes from Chick-Fil-A, Krispy Kreme and Ned's Krazy Subs and services such as a massage, haircut, European facial by Tantrum, yard service and first-time chiropractic visit. For updates, to donate raffle or silent auction items, or to purchase tickets, visit [www.laneeslegacy.blogspot.com](http://www.laneeslegacy.blogspot.com) or call Becky at 480-481-6342 or e-mail [laneeslegacy@hotmail.com](mailto:laneeslegacy@hotmail.com)

"It is our hope to be able to not only deliver boxes to Banner Desert more frequently but also serve other hospitals as well," Becky says. "We want to continue to offer grieving families something to remember their babies by as we have found that healing comes from not forgetting, but remembering."



Photo by Kathryn Halstead

With friends who volunteered to help with the project known as Lanee's Legacy, Becky Norris, center right, shows how to put together the bereavement boxes that will be donated in honor of her daughter, DeLanee, to Banner Desert Hospital for families who have lost an infant.

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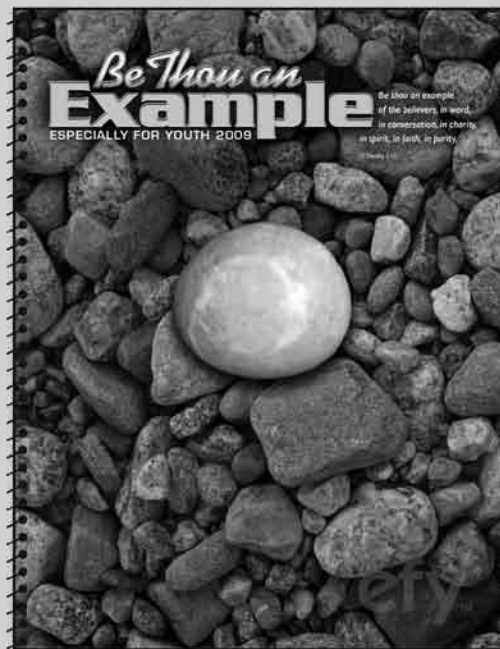
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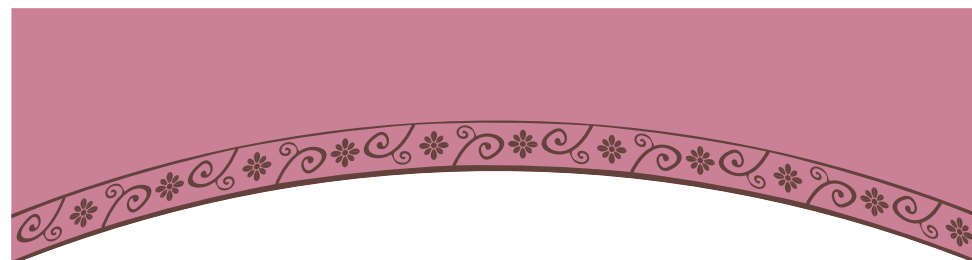
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# Debbie West Coon Releases New CD

By Cecily Markland  
 The Beehive

## You Are Loved

is much more than just the title of Debbie West Coon's new release.

Instead, her songs of affirmation, the rich tones of the artist's voice, and the fullness and depth of the music convey much more, providing a near-tangible experience for listeners—a knowing—that, indeed, they are loved, accepted and of profound worth.

Powerful, validating and inspiring, the album seems to capture and lift the very soul.

This is the second CD by Mesa native, Debbie West Coon, niece of the gifted song-artist sisters, Wanda West Palmer and Mildred West Wiseman Packard. Debbie and her husband, Ron, live in the Cullumber Ward of the Gilbert Stake and they have five children.

Debbie's first CD, *Come and Never Leave*, released in 2006, includes inspirational favorites such as "Mary's Lullaby," "I'll Find You, My Friend" and "Oh Lord, My Redeemer."

Debbie describes herself as an "ordinary woman with extraordinary opportunities and a great desire to testify through music what I know at the very core of my

being: that Christ lives and loves us and wants us to be His."

She adds, "For as long as I am able, I will continue to use my music to deliver the invitation to *Come and Never Leave*." She says *You Are Loved* is an extension of that invitation and of her desire to help others know Christ.

Debbie hadn't planned to do a second CD, but, adds, "With so much turmoil going on in the world, I had a strong desire to share the message that *you are loved* and to *never give up* when life seems too hard. Even in the most challenging times in my life, I have never been alone. I have known that Heavenly Father knows me very well and has always loved me, no matter what. I know He loves all of us and wants us to ask Him for help."

She adds, "I gave everything I had to my first album, but I grew from that, and after a few years had gone by, I realized I could give even more. I wanted to spread my wings and fly as high as I could."

Debbie says, "It was a wonderful experience to do something that was so ambitious. The range of songs, the ar-

*Continued on pg. 21*




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**Debbie West Coon**  
Continued from pg. 20

rangement is just so full and it's full of wonderful artists that sing with me."

In addition to the title song, *You Are Loved*, includes "My Name Is Hope," "The Prayer," "I Watch You Sleeping," "Breath of Heaven" and other contemporary selections.

The songs were recorded with the City of Prague Philharmonic Orchestra and a star-studded vocal cast. Arranged by Sam Cardon and produced by Richard Talbot, the album includes guest vocalists Justin Williams, George Dyer, Freddie Ashby and Richard Talbot.

Debbie says she hopes her new CD will lift others.

"I want don't want to just touch LDS people, I want this to be able to reach everyone," Debbie says, adding, "As you

needs to be loved."

To learn more about Debbie West Coon or hear selections of her music,

Recently released, the second CD by Debbie West Coon *You Are Loved*, lifts and inspires listeners with its full, rich arrangements; special duets with well-known guest artists; and Debbie's own signature sound.

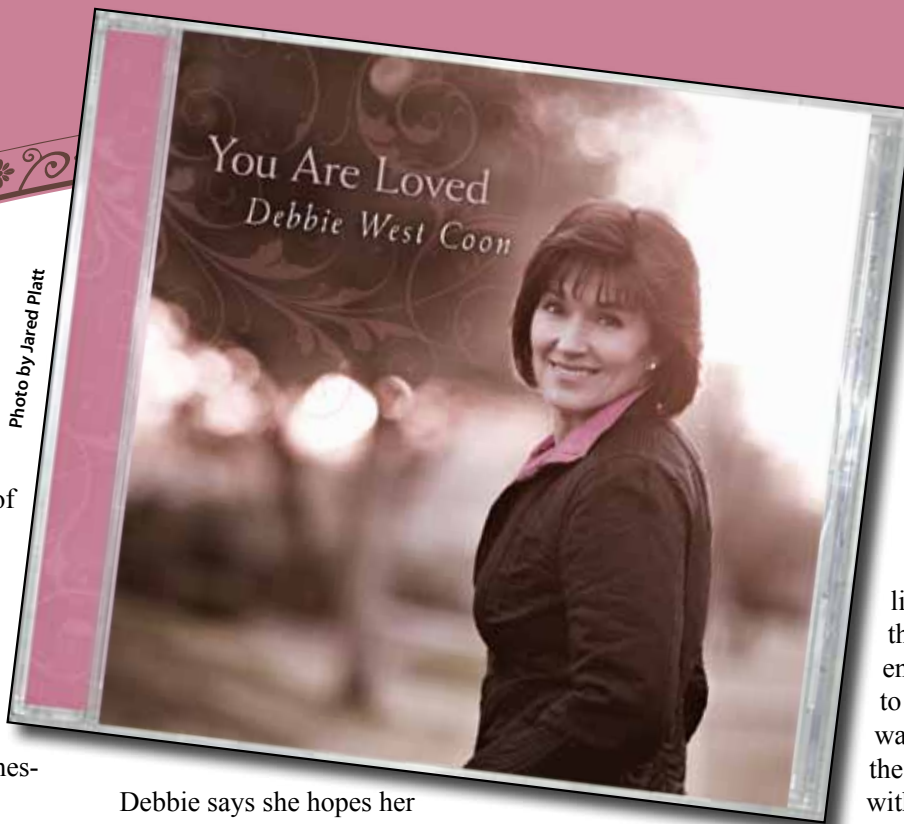
listen, may these songs encourage you to look for ways to share the gift of love with others, because everyone

visit [www.debbiewestcoon.com](http://www.debbiewestcoon.com) music.

Debbie's music is now being played on [www.yourldsradio.com](http://www.yourldsradio.com) and is available from [positivemusicdownloads.com](http://positivemusicdownloads.com), [deseretbook.com](http://deseretbook.com) and [seagullbook.com](http://seagullbook.com). Her CDs can be purchased at Pioneer Book and Milano Music Center in Mesa.

Debbie was recently interviewed by Greg Hansen of [YourLDSRadio.com](http://YourLDSRadio.com). To hear the full interview visit: <http://yldsr.com/segments/new-music-show.html>

Photo by Jared Platt



## East Valley Mormon Choral Organization Offers Musical Education to All Ages

By Cecily Markland  
The Beehive

The East Valley Mormon Choral Organization (EVMCO) had its kickoff meeting August 16, with a fireside designed to allow community members to "Meet the Directors" and to learn about the organization's goal of "inspiring the community with quality music education."

The directors, brothers Brett and Brandon Stewart, are graduates of The Juilliard School, Cincinnati Conservatory of Music and Brigham Young University. They founded a similar organization, the Orange County Mormon Choral Organization (OCMCO), in California in 2007. OCMCO currently has more than 500 children, youth, and adults enrolled in its comprehensive choral/orchestral music education programs. The directors now bring the same type program to Arizona, and they are extending an invitation for members of all faiths in the community to participate.

EVMCO includes five choral ensembles (ages four to adult), and a symphony orchestra (for accomplished instrumentalists), all of which will perform in concert three times a year. The inaugural Christmas concert will be held December 10 at the Mesa Arts Center.

Visit [www.EVMCO.org](http://www.EVMCO.org) for details about rehearsals and other information or to get an idea about what the EVMCO experience will be like by listening sound clips from OCMCO's recent recording.

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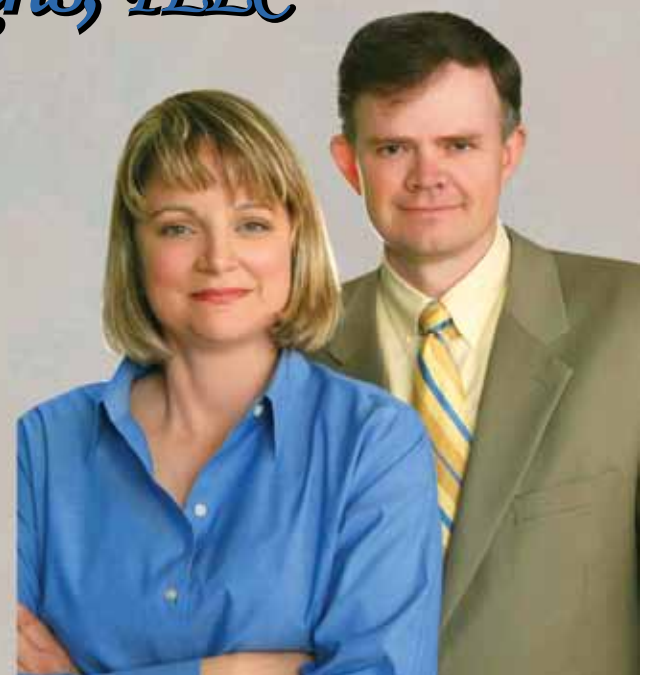
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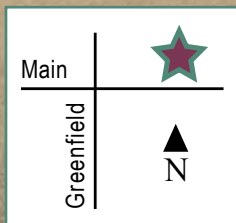
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**Emily Ball**  
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**Anne Beetso**  
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Texas, Dallas Mission (Spanish Speaking)



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Vintage Ranch Ward  
Mexico, Chihuahua



**Brandon Clayton**  
Kingsburl Park Ward  
Utah, Ogden Mission



**Harrison Crum**  
Gilbert 6th Ward  
Peru, Lima North



**David Dalton**  
Sunny Mesa Ward  
California, Riverside Mission



**Kristi Ellsworth**  
Aspen Ward  
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**Preston Ferrin**  
Summit Ward  
El Salvador, San Salvador West/Belize



**Tyler Francis**  
Sierra Verde Ward  
Argentina, Resistencia



**Cameron Gibson**  
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**You Are Loved**  
Duet with Justin Williams

**Find Your Wings**

**You Are My Miracle**  
Duet with Richard Talbot

**My Name Is Hope**

**The Prayer** Duet with  
Justin Williams (English bridge)

**You Are a Child of Mine**

**You Move Me**

**Do You Hear It?**

**From This Moment**  
Duet with Freddie Ashby

**I Watch You Sleeping**

**Breath of Heaven**

**Finally Home**

**The Prayer**  
Duet with George Dyer



## New From Debbie West Coon: You Are Loved

Positive, contemporary and masterfully produced, Debbie West Coon's latest release, **You Are Loved**, will make your heart soar. Produced by Richard Talbot and arranged by Sam Cardon, **You Are Loved** features The City of Prague Philharmonic Orchestra and duets with Justin Williams, George Dyer, Freddie Ashby and Richard Talbot. **See the video on YouTube.com (search Debbie West Coon).**

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## Arizona author *illuminates* the Middle Ages with new release

By Valerie Ipson  
The Beehive

Joyce DiPastena, a member of the Kearney Ward of the Globe Arizona Stake, knows her medieval history. She fell in love with the Middle Ages in high school and went on to obtain a degree specializing in medieval history from the University of Arizona.

Now, Joyce has found a way to share her passion and expertise by weaving it through skillfully crafted fiction. Her recent release, *Illuminations of the Heart*, is her second novel. In it, the themes of healing and forgiveness shine through.

Set in 12th century France, the historical romance introduces the reader to the beautiful Sirel de Calendri, intertwining her story with that of Triston de Brielle, a well-known character from Joyce's first novel, titled *Loyalty's Web*. More of a spin-off than a sequel, *Illuminations of the Heart* creates a new emotional journey for Triston as he faces guilt over the death of his late wife and his hesitancy to love again.

Besides a romantic element, the story includes drama, adventure, intrigue, treachery and more. The setting of the story has a feeling of authenticity, which comes from the author's extensive re-

search and her desire to be as accurate as possible when including historical events and description.

In describing her journey to publication, Joyce says, "I originally self-published *Loyalty's Web*. I had written it many, many years earlier, but it had been rejected by agents and national editors for a variety of reasons. One running 'rejection' theme seemed to be that they didn't view it as a 'true romance,' because it didn't follow the structural rules of the romance genre. So I stuffed it in a drawer for years—figuratively, since it was actually sitting on my computer."

Much later she felt prompted to consider self-publishing. Joyce learned that technological advances meant she could self-publish on a small scale without a lot of upfront expense. *Loyalty's Web* later won the honor of being named as a finalist for a Whitney Award. It then was picked up by a small regional publisher, Leatherwood Press, who reprinted it with a beautiful new cover. *Illuminations of the Heart* is published by Walnut Springs Press, an imprint of Leatherwood.

Joyce has a simple philosophy about

writing.

"If the Lord gives you a talent, you share it," she says.

"If you don't think you have a talent, but the Lord calls you to do that thing you don't have a talent for, you do it anyway. That's what the gospel has taught me. [In my life] I've done many hard things for the Lord that I would never have done if He hadn't asked me to."

Joyce says sharing her talents has brought with it many rewards. One, she says, was reconnecting with a favorite college roommate after 30 years because the friend saw her book in Deseret Book and sent her an e-mail. Another was a heartwarming experience brought about because of her books.

"I've struck up a friendship with a high school girl who won a copy of *Loyalty's Web* at a school raffle," she says. "Her mother has cancer and is undergo-

ing chemotherapy. She writes me the sweetest e-mails. When I get discouraged about my writing and feel like giving up, I think of her and know I have to keep writing and finish my next book for her to read."

Joyce doesn't know exactly where her writing will take her next.

"I'll just take it a story at a time and see where we all go."

By "we" she means the story characters, the writer herself, and the readers who are blessed by the *illumination* of her talent.

Visit Joyce's Web site: <http://www.joyce-dipastena.com> or blog: <http://jdp-news.blogspot.com>.



Photo by Ginny Romney and Kaitlyn Baker

Joyce DiPastena, shown here at a book signing at the Arizona Renaissance Festival, has turned her love for Medieval History into two historical novels, the most recent of which was published in August.

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Byron Alarcon  
Troop 435  
Rec'd February 2009



Devin Carroll  
Troop 452  
Rec'd August 2009



Donald Parker  
Troop 350  
Rec'd June 2009

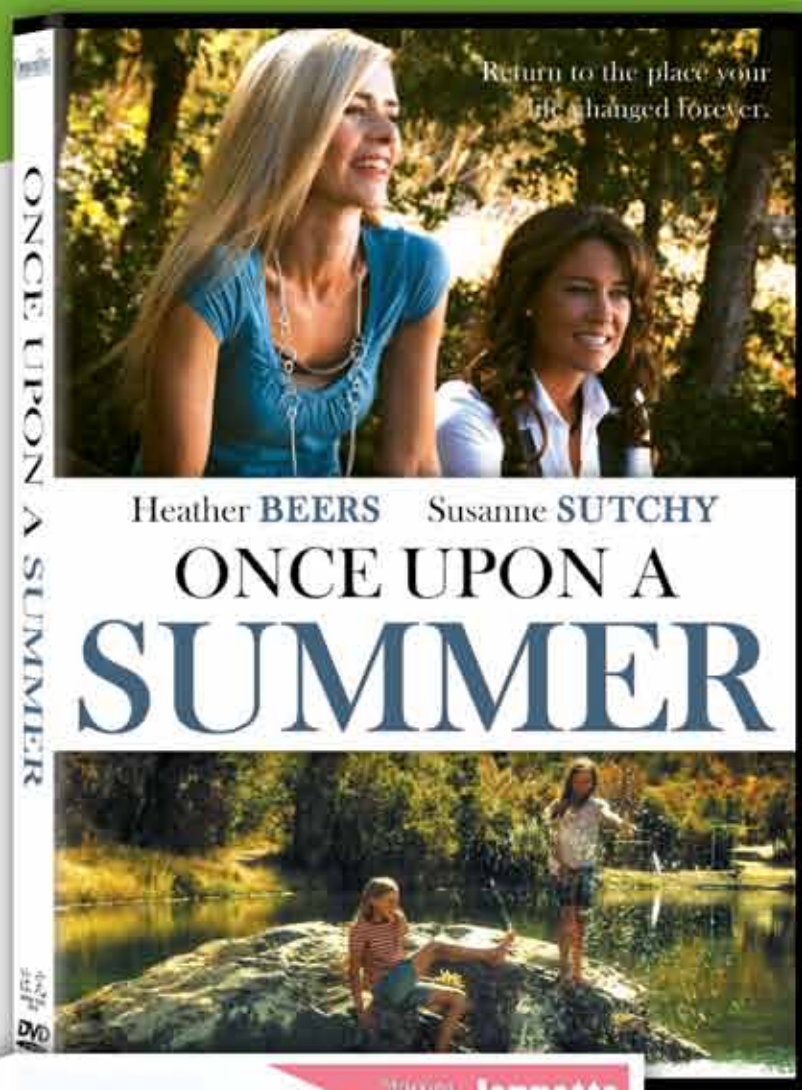


Erik Villescaz  
Troop 215  
Rec'd April 2009



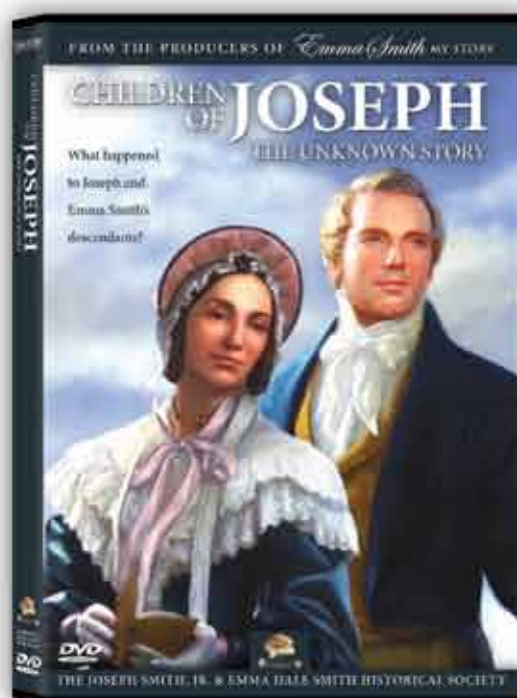
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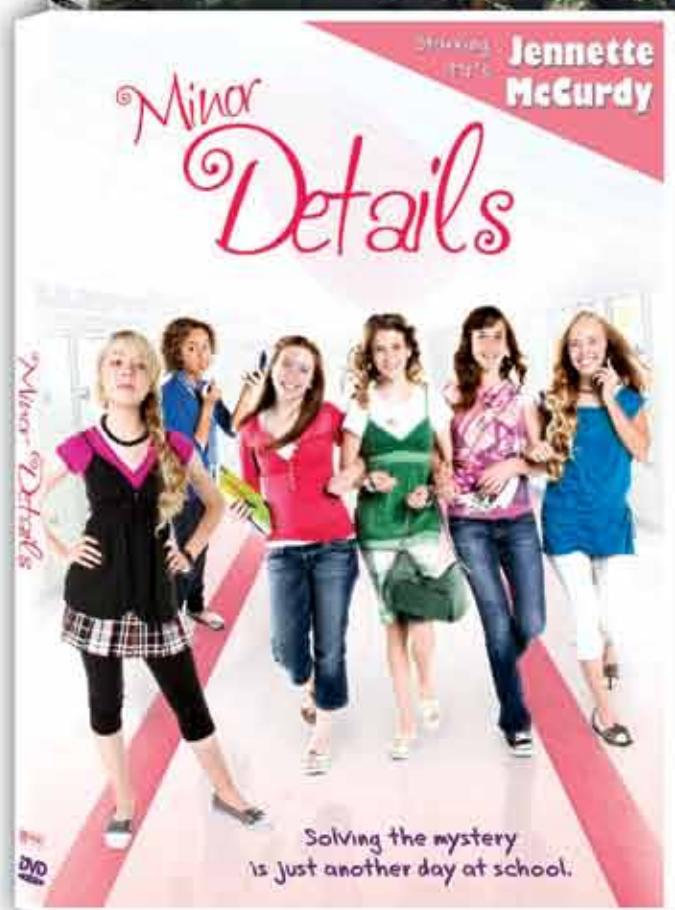
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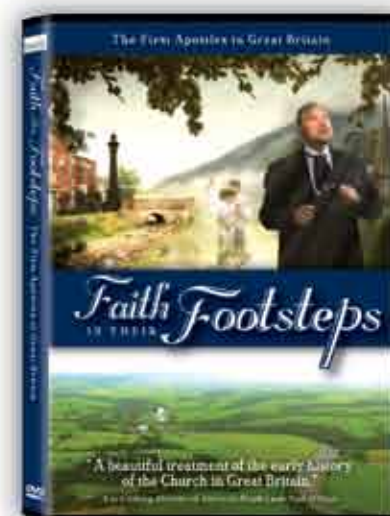
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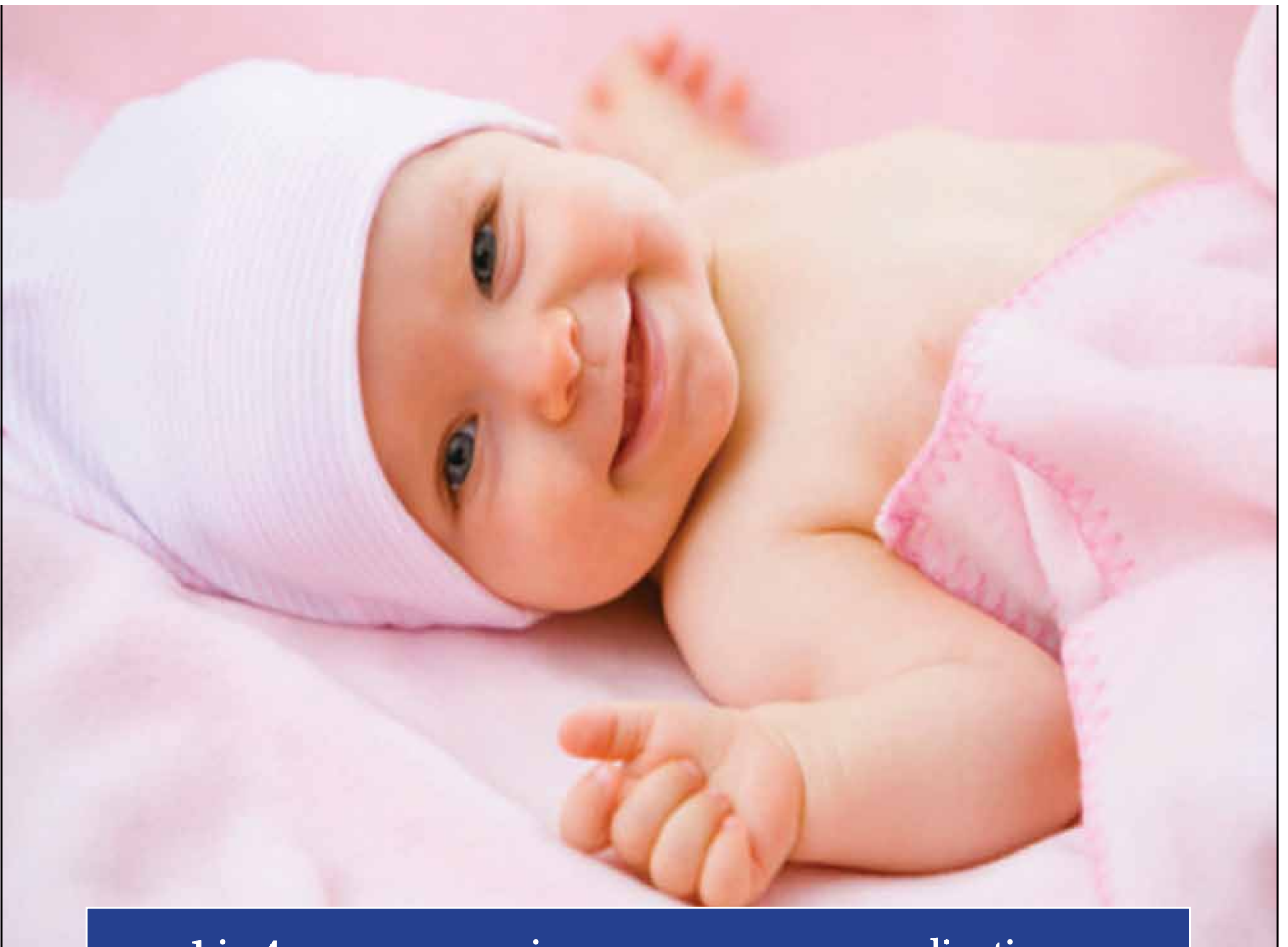
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## AMERICAN DISCOUNT FOODS

**Offers Deep Discounts  
on High Quality Products**

By Beulah Martin  
The Beehive

American Discount Foods grocery store in Mesa has been in business for almost 11 years. Jon Dekkers, one of the partners, says he wanted to accomplish two things by opening this type of store: "I wanted to start a business that would allow me to make a living for my family and also one that we could use for building up the Lord's Kingdom," Jon says. Starting this family-owned and operated, discount grocery store has allowed him to see good results for both of these goals.

"I wanted our grocery store to be different" Jon says. "For example, we

wanted to be different in the way that we treated people, the music that we play in the store, and not being open on Sundays. We wanted to give people a way to significantly cut their grocery bills down with the best prices and products that we could give them," Jon says. "We want people to walk into our store and see prices from yesteryear that often have people asking, 'How can you sell items so cheap?'"

American Discount Foods can offer these amazing prices because "the products are purchased from distributors

for a variety of reasons, such as packaging changes, discounted lines, store resets, damaged packaging or items approaching their 'code' or 'best buy' dates," Jon says.

"Generally, products can be used for some time past their best buy without loss of quality or flavor," he explains, adding, "We guarantee everything we sell, and check all products for integrity and quality. When warranted, we open

and test a sample of the product to make sure that they are good."

American Discount Foods, at 308 S. Extension in Mesa, has a huge variety, including dairy, deli, frozen foods, produce, health and nutrition, paper goods, housewares, bulk foods and everything in between. They have the largest discount frozen food selection in the state. American Discount Foods also offers some restaurant-quality products that aren't available in regular grocery stores.

"We sell large-size items that are good for food storage and special events. We work with the local Boy Scouts and other organizations, helping them plan their menus and meeting their budget."

Jon says, "We named the store *American Discount Foods* to show our love for this country and the principles it was founded on. We offer a 50 percent discount on Memorial Day and Veterans' Day for our troops and veterans, to show them our gratitude."

Also, starting in September, the store will offer seniors a 10 percent discount off their total bill.

To alert customers about special offers or when new shipments have arrived, American Discount Foods has started e-mail newsletter of daily sales. To sign up, visit [www.americandiscountfoods.com](http://www.americandiscountfoods.com) and click the link to subscribe. For driving directions or if you have questions, see the Web site or call 480-649-4495.



Photo courtesy of American Discount Foods

**American Discount Foods, in Mesa, offers a huge variety—from dairy, deli and frozen foods to produce, paper goods and much more—all at low, discounted prices and daily specials.**

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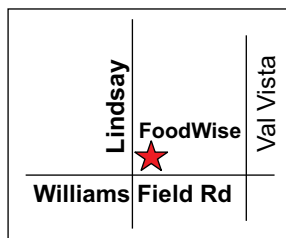




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Riverview Nissan, part of the Larry H. Miller Automotive Group, recently welcomed Tobin Rudd as a Sales and Leasing Consultant to the dealership in Mesa. Brother Rudd has been a resident of Mesa since 1964.

"I have seen a huge change in Mesa since we arrived here from Texas. With the growth of the city and Church, certain needs become apparent. I want to be of service to my family, friends and associates who I have come to know over the years in all their automotive needs."

Brother Rudd and his wife, the former Irene Bingham, are the parents of 6 children and are currently expecting their 7th and 8th grandchildren later this year.

They reside in the Edgewood Ward of the Mesa Arizona Kimball East Stake.

Brother Rudd can be reached at the dealership at 480-655-4000 or on cell at 480-276-9005.



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# Brandt Photography

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Brandt Photography specializes in all types of photography, especially shooting family groups--large and small--in various locations. Brandt took these photographs of the Broughton family at the Mesa Arts Center in downtown Mesa.

If your house were on fire, what would you want to save? In most surveys, people list family photographs as a top priority. Brandt Seegmiller, of Brandt Photography in Mesa, is pleased to know that his life's work matters.

"I know family pictures mean a lot. We reproduce and restore old photographs and people always have a story about the pictures they bring in. Many times tears are involved," he says.

"Family portraits are a way to freeze time, to remember how it was," says Brandt, who has been creating some of the finest family portraits in the Valley for over 35 years. "It only takes about an hour to create memories that will last a lifetime and beyond."

Far from the stiff, formal portraits of yesteryear, portraits in the digital age can be fun, Brandt says, adding that, when taken by skilled hands, family portraits can be beautiful and well lit, and can also capture personalities and relationships.

Large groups with lots of children are nightmares for some photographers, but Brandt loves the challenge. On more than one occasion Brandt has created a perfect family portrait out of sessions that included full-blown, back-arching temper tantrums.

"I love creating order out of chaos," says Brandt. "I want people to know that family portraits can be fun."

Brandt has photographed groups in Arizona, California, Utah, Nevada, New Mexico, Hawaii and even Argentina, with the largest family group to date including "103 happy, good-looking people."

He says clients often bring him their creative ideas.

"That is how it should be," he says, "a joint creative effort. It means more to people when they are part of the creative process."

This creative approach has led Brandt to using his 20-foot green screen to place a family wearing Wizard of Oz costumes into the movie set; show a high school senior high-diving into Havasupai Falls and portray dancers flying to amazing heights. He's also captured families sitting on the natural roll-out studio grass, transported to parks and beautiful outdoor settings with perfect light.

A master of natural location lighting, Brandt says many of his favorite places to work are in people's homes where

the family can relate to their surroundings.

"The home setting adds a unique personality to family portraits which can't be duplicated any other way."

Brandt loves it when new clients view one of the large family portraits

displayed in the studio and comment, "Wow, that must be a Mormon family!"

Brandt just smiles and says, "Yes, they are. Aren't they great?"

Through a joint effort with the Beehive, Brandt Photography provides a service to Beehive readers, by contribut-

ing the page of missionary photos in each issue.

Brandt Photography, owned by Brandt and Karen Seegmiller, is located at 156 S. Mesa Dr., Ste. 101. To contact, call 480-834-1400 or visit brandtphoto.net.

*The soul would have no rainbows, if the eyes possessed no tears.*

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# **SCOUTS** receive an **ANSWER** to prayer

By Jill B. Adair  
The Beehive

**I**n a testimony-building experience, Scouts returning from camp this summer witnessed an immediate answer to prayer.

Fairfield Ward's Deacon's quorum advisor, Ryan Smith, recalls the incident that happened in June. Four Scouts from his ward had packed their gear into a small trailer and were heading home from the camp hosted by the Mesa Kimball East Stake in the White Mountains.

"About 20 minutes into the trip, the trailer came loose from the hitch and began fish-tailing wildly, secured only by the safety chains," Brother Smith recalls.

Matt Kempton, second counselor in

the bishopric, was driving the vehicle; and he was able to quickly and carefully maneuver the trailer to the side of the road to a safe stop. The car carrying the other boys was following behind and they, too, pulled over.

Brother Smith says the leaders soon determined that the nut and washer must have rattled loose from the ball on the hitch, allowing the trailer tongue to come up, pulling the freed ball with it.

"Without the nut, we realized that we would not be able to pull the trailer," he says.

The leaders decided they needed everyone to help hunt for the lost nut and

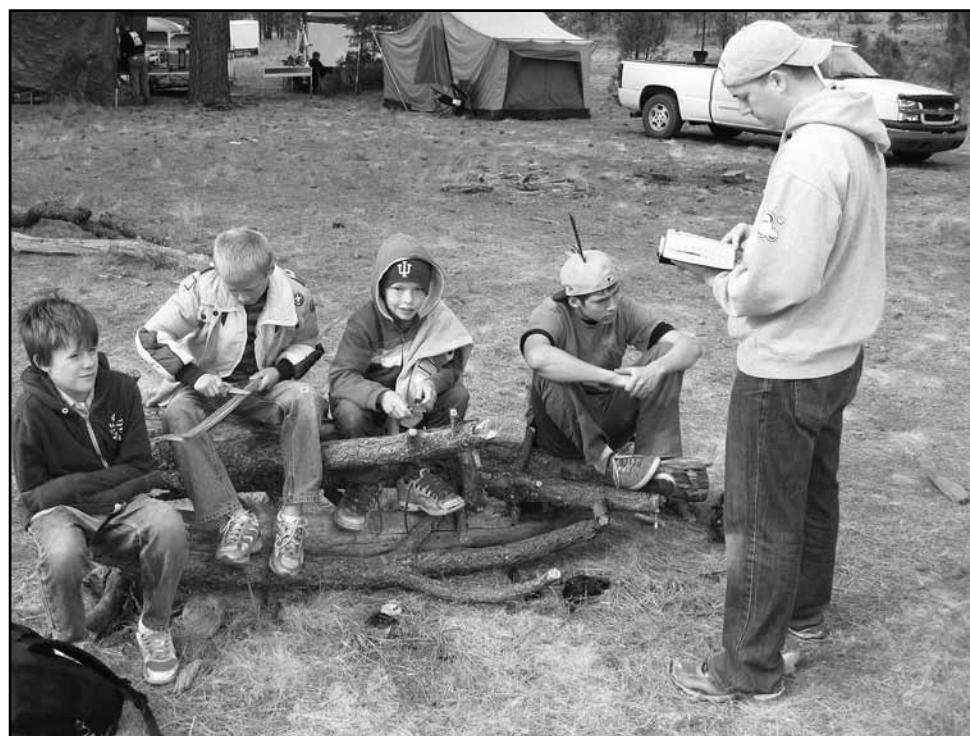


Photo courtesy of Tracey Kay

At their camp this summer, Mesa Fairfield Ward Scouts, from left, Taylor Greeff, Taylor Kay, Steven Neel and Sebastian Neuman read scriptures with Scout leader Ryan Smith.

they instructed the boys to spread out and look on the road and roadsides.

According to Brother Smith, they had been searching the road for about five minutes when Taylor Greeff, a new Deacon, found the washer from the hitch.

"Assuming that the nut must have fallen somewhere nearby, we were able to narrow the search down," Brother Smith says.

In the meantime, several other Scout troops stopped and joined in the search.

"After 15 to 20 minutes of searching without any luck, Brother [Bill] Whitehead from the Windsor Ward asked if we had already offered a prayer to ask for help," Brother Smith says. "We replied that it had not occurred to us but that we felt that it was a great idea. We gathered everybody together, now approximately 30 people, and Brother Kempton offered a simple prayer, asking the Lord to help us locate the missing nut."

Brother Smith continues, "Just as he finished closing the prayer with the familiar words, '... in the name of Jesus Christ, amen,' Taylor excitedly exclaimed, 'I found it!'"

Taylor says he had closed his eyes for the prayer and when it was over he opened them and he was staring directly at the nut.

"Everybody was astonished to see the answer to our prayer come so quickly," says Brother Smith.

Again the group gathered, this time offering a prayer of thanks, expressing gratitude for their answered prayer.

"The hitch was reassembled and we were able to make our trip home without any other problems," says Brother Smith. "I believe that all of those involved were touched and that their testimonies of the power of prayer were strengthened."

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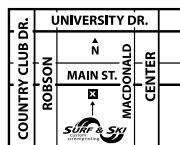
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## IN THE MOMMY ZONE...

By Kristie Young Fairbanks

### "The Rollercoaster Called Life"

I'm standing in line with hundreds of thrillseekers. It seems that most of them are young and spritely and born to ride. I question why I'm standing here, in this human maze of twists and turns. Then my eight-year-old son tugs at my hand.

"Are you scared, Mom?" he questions. "Because if you are, you can ride with me!"

He gives me the thumbs up sign and flashes a wide, toothy grin. Now I remember.

I'm standing in line with my four oldest sons, aged 16, 13, 11 and 8, waiting for what seems like an eternity for a chance to experience the thrills of a towering, intimidating rollercoaster.

I have loved coasters since I was young, but this particular one looked mean and menacing and I'd never risked riding the beast before. I had to admit, I was a little nervous, but comforted by the fact that my young son was up for the challenge.

I calmly study its intricate twists and terrifying turns, which sends a strange, yet tantalizing quiver up my spine. I spy daunting loop-de-loops with vicious, free-fall drops.

My ears perk up, sensing high-pitched squeals of pleasure, mixed with piercing shrieks of sheer terror. My sons are enchanted, reveling with pure delight at the thought of the rush. I feel my own anxious tension loom in the air with each meandering twist of the endless line.

My mind starts to meander as well, as I reflect upon my impending doom. This rollercoaster ride reminds me of something... My mind whirls with the jagged twists and ragged bends, the stunning highs and disparaging lows, the awe-inspiring views, and sometimes arduous experiences of the thrill ride we call life.

Life is like a rollercoaster. It chills and thrills. It reels and squeals. It goes up and down, and all around. Life can whirl and swirl and sometimes twirl.

Rollercoasters are fun, fast, and frantic, with jolting spins, clamoring turns, and drops that literally take your breath away. They can even turn your stomach.

Life is similar, with experiences that jar us from our comfort zone, hurl us forwards and backwards, and leave us clinging to the safety bar for dear life.

Sometimes life can make us feel powerless, like we are stuck on a rollercoaster. It can seem as if we are at the mercy of the paralleled track. We are stuck in the rut as the coaster goes around and around, twisting and turning at the whim of the forces of gravity.

We desperately seek to disembark when times get tough and the journey

seems perilous, but our destiny is somehow chosen for us and we are doomed to endure round after round.

At times, we may close our eyes and wish to be elsewhere, somehow trying to will the ride to cease. We cling to our harness, hoping that the experience will soon be over.

But we can choose to enjoy life's ride, taking in the beauty as we rise into the skies, entertaining that once-in-a-lifetime sensation of powerful flight and exhilaration, relishing in the excitement and adventure that awaits us at every turn.

It's electrifying to realize that at any moment, life can whisk us away on a steep and speeding fast track headed for who knows where. It's one adventure I surely don't want to miss!

My son jolts me back to reality when he shrieks, "Mom, it's finally our turn!"

He can hardly contain his excitement, which is contagious. I take my seat next to him and strap myself in.

"Are you ready for the ride of your life?" he queries. I give him a wink, wondering how one so small could ask such a loaded question.

The coaster lurches into action and I hang on until my knuckles turn white. We laugh and screech, both held prisoners at its mercy for five whole minutes. It's over in the blink of an eye.

That rollercoaster ride was unforgettable. So is the ride we call life. The trick to both is to savor every precious moment, basking in each whirl and twirl, riding with both hands raised high into the air, donning a beaming grin.

At least I think, I had my eyes closed the whole time.

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## From the Editor's Desktop

By Cecily Markland

## Of Cracks and Chinks and Character

**T**he huge crack in my garage wall had been there forever. It showed up within months of my moving in to this house—a large gash in the sheetrock, that seemed to get larger with each passing month.

It started above the doorway that led to the outside, angled up and to the right in a jagged, gaping opening all the way to the ceiling and then continued along the seam for several feet. It was unsightly

and, well, a little unsettling.

Still, as long as I came in through the front door and never saw the light streaming in where it shouldn't have been streaming, I could almost forget the crack was there. Almost.

When I finally did confront the thing, it was only after a realtor told me that my house was sellable—but, alas, my garage was not. (Joe Hatch is a great realtor, by the way—fair, honest and upfront, in a

very kind way!) He said if I indeed wanted to put my house on the market, if I indeed was able to attract a buyer, my house most likely would never pass inspection with the Crack of Doom adorning that wall.

In that instant, in the light of day that Joe had so kindly shed, the crack seemed to grow to gargantuan proportions and all kinds of fear, worry and doubt kicked in—big time. Along with it came a few “I can’ts” and “why mes.”

Obviously, I had to do something. I made an appointment to have a contractor come and give me an estimate. (Kurt Richardson is a great contractor, by the way—he, too, is fair, honest and upfront, in a very kind way!) Already convinced that the news was not going to be good, I wasn't surprised to hear Kurt give me a number that made me gulp, then followed with, “and I don't really know what I'll find when I get inside there.”

I'm not sure what I thought—that the whole wall may come crashing down or the monster crack would open right up and swallow the rest of the house. Whatever it was, I wasn't happy about the whole thing—and Kurt hadn't even started yet.

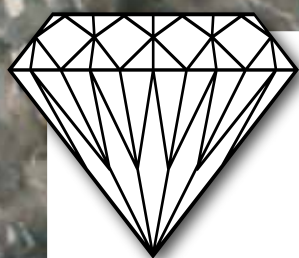
Whatever it was, that crack in my wall and how I reacted to it revealed a chink in my own attitude. It was Joe who brought me up short.

Even when Kurt found the problem was relatively minor, I didn't give up the pity party right away. I had to complain a little—but when I told Joe what a pain it was, how I had to go to the bank and get cash, how I had to hurry back before Kurt finished...and yada yada...Joe interrupted with a laugh, “What? He's almost done? You are so blessed!”

“I...”

“You are so blessed. When I saw that, I thought for sure you had a problem with your foundation or something structural. You are so blessed.”

I was speechless for a moment. I guess I wanted to wallow a bit. But then it hit me, the gratitude—pure and full and filling my being with joy. Yes, I was blessed. Blessed that the problem was minor. Blessed to have great help. Blessed to have money to fix it. Most of all I was blessed to be taught, to be reminded that no matter what—crack or no crack, chinks in my own character and all—I am truly blessed.



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with  
Jill B. Adair

## Explore a Treasure Trove of Research and Historical Resources Via the Internet

**L**iving in Arizona makes us quite a distance from the treasure trove of research and historical resources found in museums and libraries in Salt Lake City and on the BYU campus. Yet, the Internet makes the physical distance irrelevant.

The quantity, as well as quality, of resources available online is outstanding, with more information added almost daily.

One of my favorite recent discoveries is all that is in BYU's digital collections at the Harold B. Lee Library, [www.lib.byu.edu/digital](http://www.lib.byu.edu/digital). First, there are nearly 400 original, historical Mormon missionary diaries that have been scanned and uploaded to this site—search by location, date or diarist. Whether you find an ancestor's record or not, this is fascinating reading.

If you are a WWII history buff, check out the site's new addition of more than 1,350 images scanned from negatives, original prints and slides by J. Malan Heslop, who served in the U.S. Army and documented the final months of World War II in Austria, Belgium, France, Luxembourg and Germany.

Care to read a newspaper from more than 100 years ago? You can search the archives of Deseret News (weekly edition) from 1850 to 1898. This was the first newspaper published in the Utah

Territory, only three years after the Mormon pioneers settled in the Great Salt Lake Valley.

Browse by subject under LDS Religion and Church History and find hundreds of Mormon publications from the 19th and 20th centuries including "Biographical sketches of Joseph Smith the prophet, and his progenitors for many generations" and the entire collection of Brigham Young's "Journal of Discourses."

For historical or current research, the Encyclopedia of Mormonism covers the history, scripture, doctrine and procedure of the LDS Church.

Now for the motherload: There are more than 41,000 items in the Family History Archive, which is a collection of published genealogy and family history books. The archive includes family histories, county and local histories, how-to books on genealogy, genealogy magazines and periodicals (including some international), medieval books (including histories and pedigrees) and gazetteers. It also includes some specialized collections and thousands of historical photos.

Another site that aids in the study of Joseph Smith is [www.josephsmith.net](http://www.josephsmith.net). This Web site, owned and operated by the LDS Church, contains historical documents from the life and times of Joseph Smith and photographs that

take you back to many of the sites of the Restoration, including the Kirtland Temple, Sacred Grove, Hill Cumorah and Carthage Jail. Find more resources under Joseph Smith Links including the complete seven-volume "History of the Church" by B. H. Roberts.

Another site of interest is the Neal A. Maxwell Institute for Religious Scholarship (formerly a part of Foundation for Ancient Research and Mormon Studies or FARMS) at <http://mi.byu.edu>. It has articles on many subjects including

recently featured "How the Guide to English Pronunciation of Book of Mormon Names Came About" by Mary Jane Woodger and "Some Universals in the Book of Mormon" by Sidney B. Sperry.

*Editor's Note: This column is designed to provide Beehive readers with timesaving direction and ideas for safely and easily surfing the Internet. To suggest a topic for a future column or to share an interesting Web site with others, e-mail: [5adair@cox.net](mailto:5adair@cox.net).*

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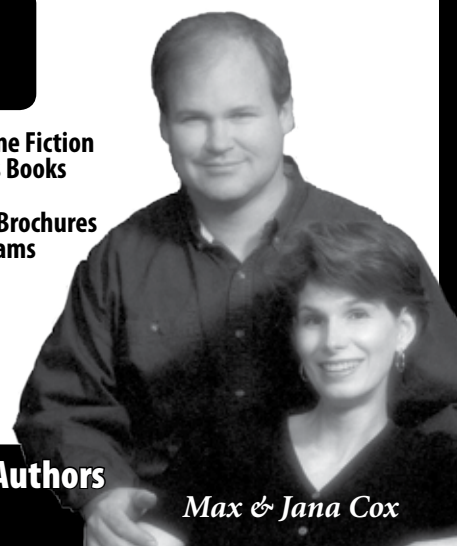
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## New Food Storage & Preparedness Store *helps customers become* **"FoodWise"**

By Cecily Markland  
The Beehive

The Tuesday night menus sound like gourmet dining—from appetizer to desserts—and the taste is superb. Yet, unlike typical fine dining, the dishes are each based on rice one week, beans another, while grains are the mainstay the next. Not only that, but the “diners” are treated to a free demonstration of how each dish is cooked, and can purchase the ingredients to recreate the meals at home.

The free demonstrations is just one way FoodWise, a new Gilbert food storage and emergency preparedness store, is unique and customer-friendly.

“Our goal at FoodWise is to provide a complete food storage supply of various dried foods and emergency preparedness supplies to individuals who recognize the value of preparedness for their families,”

says the company’s Web site.

FoodWise—owned by husband and wife, Brent and Kristi Averett, of the Sky Ward, Gilbert Greenfield Stake—opened in January. The Averett’s goal is to “offer the best possible ingredients, equipment and pricing to an economic conscience community.”

Kristi says they operate with very low margins, always passing the greatest value possible on to the customer.

“We got tired of paying high prices, too,” she says.

While keeping the prices down, they are determined to keep the quality up.

“We take a different angle on the term ‘food storage,’” she says. Rather than seeing people spend \$2,000 or \$3,000 or more on canned goods that they put under their bed or some other hard-to-get-at



Photo by Cecily Markland

Kristi and Brent Averett, owners of FoodWise, recently added their 2,000th item to the inventory that includes everything from juicers, sun ovens, and pressure cookers to a wide selection of grains, prepackaged mixes and freeze-dried, dehydrated foods, all in top-quality, reusable PETE containers.

place, Kristi says, “We want people to create a ‘food store,’” where items are accessible and used.

FoodWise has a large selection of freeze-dried foods and grains, packed in pint, quart, half gallon or gallon-size PETE containers—clear plastic jars that are air-proof, odor-proof and moisture-

proof and are BPA free.

In addition to a wide selection of food and grains, FoodWise also carries dehydrators, pressure cookers, juicers, kitchen mills, water drums, emergency kits and disaster preparedness products. They also carry a full line of Mr. KnifeGuy, kitchen and hunting knives.

“We love helping people create ‘food store’ solutions,” Kristi says. “That’s why we have the classes, we have all our recipes online, and I even do a lot of one-on-one demonstrations, showing people from start to finish what steps they need to follow.”

Kristi also does demonstrations for Church or community groups.

The Averetts say they, and many of their customers, have found tremendous benefits from using a “food store” approach, “saving up to 50 percent on their grocery bill and feeling better besides,” Kristi says.

FoodWise is located at 854 E Williams Field Rd #105 (Lindsay and Williams Field) in Gilbert and is open Tuesday through Friday, 10 a.m. to 7 p.m.; Saturday 10 a.m. to 6 p.m. Products can be purchased from the Web site, at [www.foodwisestorage.com](http://www.foodwisestorage.com), where there is also a calendar of classes and a place to sign up for the FoodWise newsletter.

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## A Single Story

by Michelle Thompson

### Bitter, Butter or Better

**W**hen you're an over-30 LDS single, life can be full of advice from those with good intentions. With so much "love" from so many people, with so many opinions regarding your best interests, one can feel like crawling under a rock and hiding until Mr. or Mrs. Right shows up in their white mustang. The problem with that game plan is that, although under the rock is safe, all that idle time spent sitting and waiting can lead to only two things, a bitter attitude or lots of butter... in other words, EATING!

As someone wise once said, the only way out is through. If you want to get to the E.C. in the white mustang, you must find a way to climb out and over that bitter butter rock and back onto the path of better attitude, and it must be done without the guidance of the "Good Advisers".

Even though good advice can be both a help and a hinderance to an over-30 single, the reality is it often adds more confusion to the matter than actual help. Why?

1) Most married LDS members don't know what it's like to be single and over 30. Although, they can empathize, the truth is that until you're in it, you're not of it.

2) Those who are also over-30 and single can only give you their perspective, which is just as limited, and can often change from moment to moment.

3) Each situation is different, even if only slightly. Therefore, the Lord is the only one with the proper spiritual GPS unit to guide you through.

In the August Ensign there is an article by Elder Yoshihiko Kikuchi called *Opening the Heavens*. In it, Elder Kikuchi gives an outline on how to tap into that spiritual GPS unit. One aspect he suggests is pondering over scripture and

prayer. I'll be honest, I am not a scripture reader, and my prayers sometimes come off as something like: "Dear Heavenly Father.. did I feed the cat.. Thank you for this day.. I know I washed my shirt, but did I hang it out.. Please bless, uh...". Unfortunately, my scripture study is as equally random.

In an effort to more effectively follow Elder Kikuchi's outline, I now read a Teacher's Manual when studying the scriptures, which gives me insight and information that keeps my mind interested and alert. When I pray, I now lay a pen and pad next to me so that I can write and ponder the thoughts that come into my head after prayer. Not only do these small adjustments give me something to

look forward to in my daily study, but it also keeps me concentrating on actual communication with the Lord, and that communication is better than any advice I've ever received.

The bitter butter rock is a tricky place. It lures you with comfort and shackles you with complacency. No happiness can come from that, especially when you're single. I hope you take an opportunity to read over Elder Kikuchi article. They are inspired words for those of us needing guidance on the path to better attitude.

For any questions or comments, you can email Michelle directly at [beehivesinglestory@gmail.com](mailto:beehivesinglestory@gmail.com).

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## SPOTLIGHT Readers' Favorite PHOTO



Deacons Steven Mason (right), and Josh Slade (left) of the Monument Ward in the Lehi Stake, saddle up their horses in Rural Lehi to collect Sunday Fast Offerings.

Photo by LeeAnn Freeman



Your favorite photograph could be here! The Beehive will feature a reader's favorite photo in each issue. Do you have a cute or inspirational picture portraying LDS life in Arizona? If so, submit your photo for consideration to [info@arizonabeehive.com](mailto:info@arizonabeehive.com)

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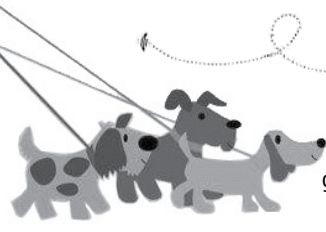
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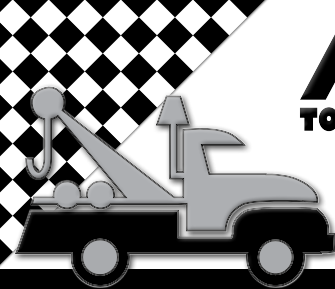
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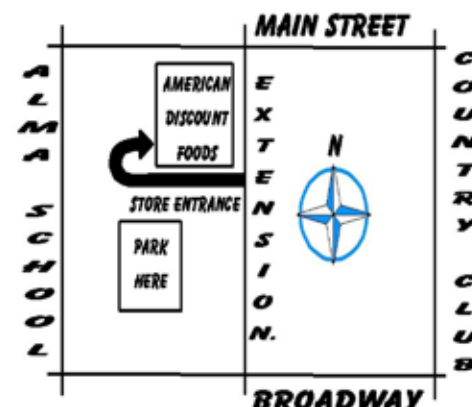
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